

# 厦门一中

## 2026 年高中体育类自主招生简章

我校是国家中学生体育协会田径分会会员学校，福建省体育田径、游泳特色项目学校，全国排球特色校，福建省排球会员学校。学校体育是厦门一中的办学特色之一，培养了众多优秀的运动员。经市教育局同意，我校 2026 年高中阶段拟进行体育类自主招生。为公平、公正、公开地做好这项工作，特制定本方案。

### 一、招生对象

符合我市普通高中普通生报名条件的应届初中毕业生，且在学籍校有三年完整学习经历。

### 二、招生项目及名额

共 22 人，具体如下：

**（一）思明校区：**田径 8 名【跑类 6 人（3 男，3 女），跳类 2 人（1 男 1 女），如果男生未招满则招女生，如女生未招满则招男生】；游泳 8 名。

**（二）海沧校区：**男子排球 6 名（5 名攻手、1 名二传手，如果二传手未招满则招其他位置）。

### 三、培养目标

培养全面发展，在田径、游泳、男子排球运动某方面特长突出的优秀高中生。为体育院校、普通高校或专业运动队输送高水平运动员。

**★特长生入学后必须遵守学校特长生管理规定，常年坚持参加训练，并能在高中阶段参加各级各类比赛，取得好成绩。**

### 四、报名条件

1. 综合素质评价毕业总评五个维度水平全部达到良好以上（含良

好)，“运动与健康”维度(体育特长)表现突出，具备高中学习的文化基础和学习能力，符合学校招生要求。

2. 体育特长生应具有良好的身体素质和较高的运动技能。

(1) 田径(限跑、跳类): 应具备田径运动的良好身体条件，具有田径运动良好的基本能力和运动潜力，在同年龄段田径专项身体素质属于优秀水平，初中阶段曾获全国体育项目传统学校田径冠军赛(国家体育总局田径运动管理中心和中国田径协会联合主办)个人前八名，或福建省传统校田径联赛(福建省教育厅和福建省体育局联合主办)个人前六名，或厦门市中小学生田径锦标赛(厦门市教育局和厦门市体育局联合主办)个人项目前三名，或区级比赛(厦门市各区教育局主办)个人前二名。

(2) 游泳: 具有游泳运动良好的基本能力和运动潜力，初中阶段曾获福建省运动会游泳比赛和福建省传统校游泳联赛(福建省教育厅和福建省体育局联合主办)个人前三名以上，或厦门市中小学生游泳锦标赛(厦门市教育局和厦门市体育局联合主办)个人前二名。

(3) 男子排球: 身体条件、运动素质特别突出，有排球运动潜力; 在初中阶段参加过区级以上(福建省、厦门市或厦门市各区的教育行政部门主办)排球比赛(球队主力队员)。

以上均须提供相关奖状、证书、证明材料(2023年7月至今)，需为教育行政部门组织或参与组织的比赛。若有造假，一经发现，立即取消特长生资格。

## 五、报名办法

(一) 网上报名时间: 2026年4月29日—5月6日下午18:00，逾期不再受理。

(二) 报名方法: 网上预报名

手机端: 符合条件的学生微信关注“厦门一中微校园”服务号或

直接扫描下方二维码。进入服务号，点击界面下方“常用功能”菜单中的“高中艺体自主招生”。仔细阅读厦门一中 2026 年高中体育类自主招生简章及相关文件后，按要求如实填写信息，并上传相关材料，完成网上报名工作。



电脑端：符合条件的学生登录厦门一中学校网站 <https://xmyz.xmedu.cn> “高中艺体自主招生”栏目，仔细阅读厦门一中 2026 年高中体育类自主招生简章及相关文件后，按要求如实填写信息，并上传相关材料，完成网上报名工作。电脑端报名结束后，及时按手机端的操作，微信关注“厦门一中微校园”服务号（可直接扫描上方的二维码），便于及时接收审核反馈。



### (三) 报名需提供材料:

1. 二代身份证;
2. 各类比赛秩序册、各类表彰、获奖证书;
3. 近期正面免冠半身一寸照片。
4. 2026 年厦门市中招考生报名信息表。
5. 经初中学籍校盖章的《2026 年体育艺术类自主招生报名信息证明》(参考样式见附件)。

### (四) 报名注意事项:

报考高中阶段学校自主招生(包含体育艺术类自主招生、创新实验类自主招生、保送类自主招生)的考生只能选报一所学校、一个项目,不得兼报。考生已被艺术类、体育类中等职业学校提前录取的,不得再报普通高中自主招生。报游泳项目的需填报 100 米测试泳姿申

报单。田径专项和游泳泳姿一经申报，不得更改。

## 六、测试办法

(一) 测试时间：2026年5月16日—5月17日

(二) 测试地点：双十中学枋湖校区

(三) 测试内容：(详见附件)

考生需参加厦门市教育局统一组织的特长测试。

## 七、报名资格审核(2026年5月7日~5月8日)

1. 招生领导小组指定专人，根据报名条件，对学生提交的报名资料进行审核。5月7日学生可登录厦门一中报名网页查询初审结果，未通过初审者，可电话咨询2666227、2666071，并于5月8日17:30前根据初审反馈意见补交材料，逾期不再受理。若发现学生伪造报名信息或以多种身份重复报名，取消报名资格。

2. 初审通过者于5月10日17:30前上厦门一中特长生报名链接网上传签字后的确认书。未上传确认书者视为放弃。

## 八、打印准考证

复审通过者5月15日上厦门一中特长生报名链接网下载打印准考证。

## 九、录取办法及公示

(一) 录取办法

特长测试合格(合格线为60分)且第一志愿填报我校对应校区的，在投档分不低于我校所报名校区普通生最低录取分数线的65%且不低于普通高中最低投档控制分数线的前提下，按特长测试成绩从高分到低分录取。出现末位特长测试成绩同分时，按中考考生投档位次依次录取，录满为止。

(二) 公示

特长测试合格名单将于测试后一周内在厦门市教育局网站及学校网站公示。

## 十、监督管理办法及相关电话

(一) 学校成立招生工作领导小组和监督小组。

1. 招生工作领导小组组长：卞祖华

组员：张南峰、刘鹏、王可怡、钟斌、吴昕、陈燕梅、陈文虎、郭贵贤、邹洪昀、李昂达、黄珊珊

2. 监督小组组长：李忠玉

组员：邹洪昀、王晗炜

(二) 本方案在校务公开栏公示五天，接受群众监督。

(三) 招生咨询电话：2666227、2666071

招生监督电话：2666228

(四) 本方案未尽事宜由厦门一中招生领导小组负责解释。

附件 1：2026 年厦门市教育局直属公办高中体育艺术类自主招生特长测试内容

附件 2：2026 年厦门市教育局直属公办高中体育类自主招生特长测试评分标准（田径、排球）

附件 3：2026 年厦门市教育局直属公办高中体育类自主招生特长测试评分标准（游泳）

附件 4：2026 年体育艺术类自主招生报名信息证明

福建省厦门第一中学

2026 年 4 月 28 日

# 附件 1

## 2026 年厦门市教育局直属公办高中体育艺术类自主招生特长测试内容

体育类（各体育项目考试备注附后）

| 项目               | 招生学校及人数  | 测试内容   | 测试时间地点                    |
|------------------|--|--|---------------------------|
| 1. 田径<br>(限跑、跳类) | 1. 厦门一中（思明校区）8 名<br>(跑类 6 人(3 男 3 女)，跳类 2 人(1 男 1 女)，如男生未招满则招女生，女生未招满则招男生) | (一) 基本素质与技能(20 分):<br>1. 100 米跑(10 分)<br>2. 立定跳远(10 分)<br>(二) 专项测试(80 分): 从个人成绩证明的项目中自选一项参加测试(限跑、跳类)。选择 100 米作为专项的考生，须再次进行 100 米专项测试。<br>说明:<br>1. 在径赛项目测试中，每组起跑时如第一次起跑出现抢跑犯规，则立即召回本组所有考生重跑，再次起跑时，如任一考生抢跑，则取消该考生本项目考试资格。测试的成绩以电子设备计时计取，百分位非零进一精确到十分之一秒。<br>2. 跳远、三级跳远、投掷每个考生有三次试跳(投)机会，取最好一次成绩。<br>3. 跨栏项目男生栏高 0.914m，栏间距 9.14m，起点至第一栏 13.72m；女生栏高 0.762m，栏间距 8.5m，起点至第一栏 13m。 | 5 月 16 日、17 日<br>双十中学枋湖校区 |
| 2. 游泳            | 厦门一中（思明校区）8 名  | (一) 100 米测试(泳姿自选)(70 分): 按不同泳姿评分标准测评。<br>(二) 200 米混合泳测试(30 分)<br>注: 两项测试项目均参照国际泳联评分标准进行测评。   | 5 月 16 日、17 日<br>双十中学枋湖校区 |
| 5. 男子<br>排球      | 厦门一中（海沧校区）6 名<br>(5 名攻手+1 名二传手，如二传手未招满，则招其他位置)                             | (一) 身体条件: 身高(5 分)采用电子身高体重测量仪器测量。<br>(二) 身体素质(30 分):<br>1. 助跑摸高(20 分): 测试方法: 助跑后采用双脚起跳单手摸高，记录触及的最高高度，每人试跳三次，取最高成绩，以厘米为单位，不足 1 厘米不计。   | 5 月 16 日、17 日<br>双十中学枋湖校区 |

|  |   |  |
|--|---|--|
|  | <p>2. “半米字”移动速度测试（10分）：详见“备注4”说明。</p> <p>（三）排球专项（55分）</p> <p>1. 网前至三米线内两人连续传、垫球（10分）：两人连续传、垫球，根据传垫动作是否标准，是否触网或出界，以及移动等实际技术运用情况进行评分。按抽签顺序搭档，出现单数时最后1人与前一位搭档。</p> <p>2. 上手发球（20分）：详见“备注5”说明。</p> <p>3. 扣球（25分）：详见“备注6”说明。</p> <p>4. 二传不参加扣球考试，改为传球专项考试（25分），详见“备注7”说明。</p> <p>（四）实战测试（10分）：</p> <p>全场比赛：针对考生在比赛中的技术动作规格、技术运用、战术配合意识等方面进行评分。</p> |  |
|--|---|--|

注：1. 《2026年厦门市教育局直属公办高中体育艺术类自主招生特长测试内容》最终解释权归厦门市教育局所有。

2. 各体育项目考试备注附后。

## 备注:

1. 各项目均按百分制计分。
2. 90-100分为优秀、75-89分为良好、60-74分为及格、59分及以下为不及格。
3. 高中男、女排“半米字移动速度测试”说明，如图2。

测试方法:

①在排球场的三米线至端线设六个点(如图所示)，按序号每个点一个来回，以完成六个点的时间计取成绩，记录十分之一秒，百分位非零进一，每人两次测试机会，取最好一次成绩;

②每个点摆放1个矿泉水瓶，用手将矿泉水瓶触倒;

③没触倒瓶子每个加0.5秒;

④没触碰瓶子每个加1秒。

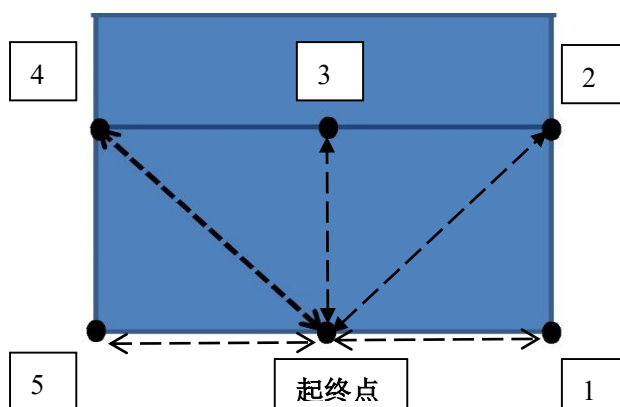


图2 “半米字移动速度测试”示意图

5. 高中男、女排“上手发球测试”说明，如图3。

测试方法: 共发十个球，直线、斜线各5个，每次成功2分，球落界内在非指定区域得1分，发球失误为0分。网高男2.43米、女2.24米。

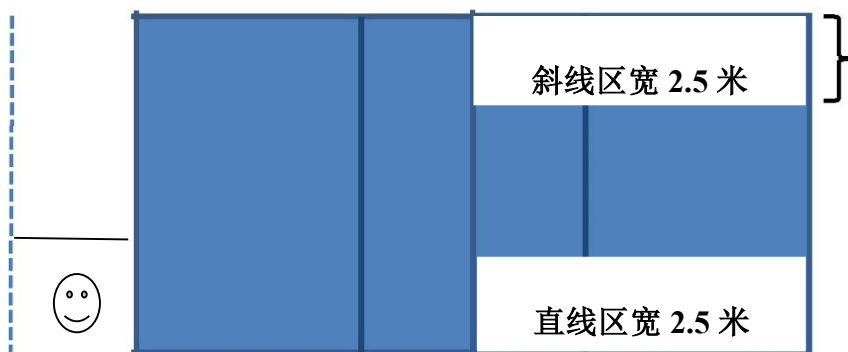


图3 上手发球测试示意图

6. 高中男、女排“扣球测试”说明，如图4。

测试方法: 四号位自抛自扣直线、斜线各5个，直线每个成功，男生得2.5分，女生得2分，斜线每个成功，男生得2.5分，女生得2分，球落界内在非指定区域得1分，扣球失误为0分。网高男2.43米、女2.24米。

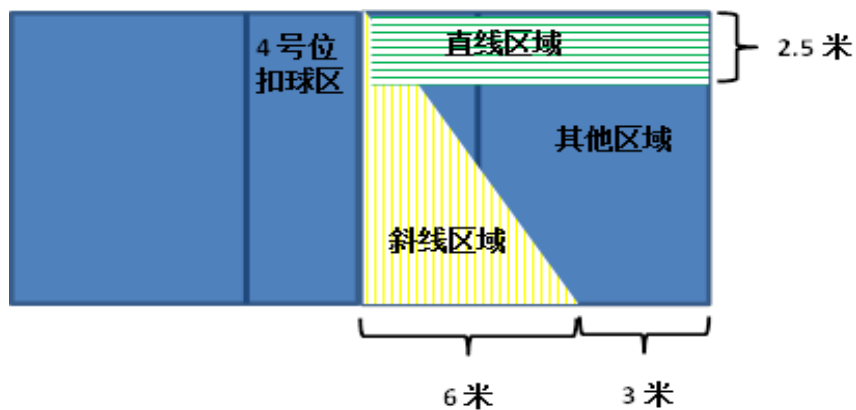


图4 扣球测试示意图

7. 高中男 “传球测试”说明，如图5。

测试方法：3号位自抛自传，传4号位5个球，背传2号位5个球，传近体快5个球，传3号位半高5个球，最后在2号位自抛自传4号位5个球，总共传25个球，每球1分。其中每次传球的分数由0.6分到位分和0.4分技评分组成，传球过网、球碰网、传到本方3米线外均为0分。

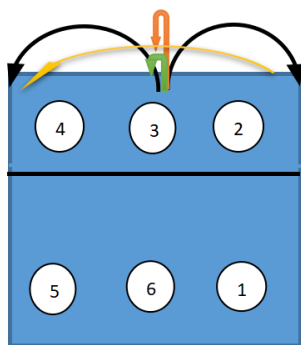


图5 传球测试示意图

附件 2:

《2026年厦门市教育局直属公办高中体育类自主招生特长测试评分标准》最终解释权归厦门市教育局所有。

2026年厦门市教育局直属公办高中体育类自主招生特长测试评分标准（田径：基本素质与技能）

| 分值  | 基本素质 20分     |      |      |      |              |      |
|-----|--------------|------|------|------|--------------|------|
|     | 100米 (s) 10分 |      |      |      | 立定跳远 (m) 10分 |      |
|     | A类           |      | B类   |      |              |      |
|     | 男            | 女    | 男    | 女    | 男            | 女    |
| 10  | 11.5         | 13.0 | 11.8 | 13.3 | 2.65         | 2.10 |
| 9.5 | 11.6         | 13.1 | 11.9 | 13.4 | 2.60         | 2.05 |
| 9   | 11.7         | 13.2 | 12.0 | 13.5 | 2.55         | 2.03 |
| 8.5 | 11.8         | 13.3 | 12.1 | 13.6 | 2.50         | 2.00 |
| 8   | 11.9         | 13.4 | 12.2 | 13.7 | 2.45         | 1.98 |
| 7   | 12.0         | 13.5 | 12.3 | 13.8 | 2.43         | 1.95 |
| 6.5 | 12.1         | 13.6 | 12.4 | 13.9 | 2.40         | 1.93 |
| 6   | 12.2         | 13.7 | 12.5 | 14.0 | 2.38         | 1.90 |
| 5.5 | 12.3         | 13.8 | 12.6 | 14.1 | 2.35         | 1.88 |
| 5   | 12.4         | 13.9 | 12.7 | 14.2 | 2.33         | 1.85 |
| 4.5 | 12.5         | 14.0 | 12.8 | 14.3 | 2.30         | 1.83 |
| 4   | 12.6         | 14.1 | 12.9 | 14.4 | 2.28         | 1.80 |
| 3.5 | 12.7         | 14.2 | 13.0 | 14.5 | 2.25         | 1.78 |
| 3   | 12.8         | 14.3 | 13.1 | 14.6 | 2.23         | 1.75 |
| 2.5 | 12.9         | 14.4 | 13.2 | 14.7 | 2.20         | 1.73 |
| 2   | 13.1         | 14.6 | 13.4 | 14.9 | 2.18         | 1.70 |
| 1.5 | 13.3         | 14.8 | 13.6 | 15.1 | 2.15         | 1.68 |
| 1   | 13.5         | 15.0 | 13.8 | 15.3 | 2.13         | 1.65 |
| 0.5 | 13.7         | 15.2 | 14.0 | 15.5 | 2.10         | 1.63 |

注：100米 A类标准为报考短跑、跳远专项者评分标准，B类标准为报考中长跑、跳高、三级跳远、跨栏者评分标准。

## 2026年厦门市教育局直属公办高中体育类自主招生特长测试评分标准（田径：专项）

| 分值  | 100米 |      | 200米 |      | 400米 |        | 800米  |       | 1500米 |       | 3000米  |       | 跳高   |      | 跳远  |     | 三级跳远 |      | 跨栏   |      |
|-----|------|------|------|------|------|--------|-------|-------|-------|-------|--------|-------|------|------|-----|-----|------|------|------|------|
|     | 男    | 女    | 男    | 女    | 男    | 女      | 男     | 女     | 男     | 女     | 男      | 女     | 男    | 女    | 男   | 女   | 男    | 女    | 男    | 女    |
| 100 | 11.5 | 13.0 | 23.3 | 26.8 | 53.0 | 1:03.0 | 2: 03 | 2: 25 | 4: 33 | 5: 18 | 9: 40  | 11:30 | 1.83 | 1.56 | 6.5 | 5.2 | 13.6 | 11.0 | 16.0 | 15.5 |
| 95  | 11.6 | 13.1 | 23.5 | 27.0 | 53.3 | 1:03.3 | 2: 05 | 2: 27 | 4: 36 | 5: 20 | 9: 50  | 11:40 | 1.81 | 1.54 | 6.4 | 5.1 | 13.4 | 10.8 | 16.1 | 15.6 |
| 90  | 11.7 | 13.2 | 23.7 | 27.2 | 53.6 | 1:03.6 | 2: 07 | 2: 29 | 4: 39 | 5: 23 | 9: 55  | 11:45 | 1.79 | 1.52 | 6.3 | 5.0 | 13.2 | 10.6 | 16.2 | 15.7 |
| 85  | 11.8 | 13.3 | 23.9 | 27.4 | 53.9 | 1:03.9 | 2: 09 | 2: 31 | 4: 42 | 5: 26 | 10: 00 | 11:50 | 1.77 | 1.50 | 6.2 | 4.9 | 13.0 | 10.4 | 16.3 | 15.8 |
| 80  | 11.9 | 13.4 | 24.1 | 27.6 | 54.2 | 1:04.1 | 2: 11 | 2: 33 | 4: 45 | 5: 29 | 10: 15 | 11:55 | 1.75 | 1.48 | 6.1 | 4.8 | 12.8 | 10.2 | 16.4 | 15.9 |
| 75  | 12.0 | 13.5 | 24.3 | 27.8 | 54.5 | 1:04.4 | 2: 13 | 2: 35 | 4: 49 | 5: 32 | 10: 20 | 12:00 | 1.73 | 1.46 | 6.0 | 4.7 | 12.6 | 10.0 | 16.5 | 16.0 |
| 70  | 12.1 | 13.6 | 24.5 | 28.0 | 54.8 | 1:04.7 | 2: 15 | 2: 37 | 4: 52 | 5: 35 | 10: 25 | 12:05 | 1.71 | 1.44 | 5.9 | 4.6 | 12.4 | 9.8  | 16.6 | 16.1 |
| 65  | 12.2 | 13.7 | 24.7 | 28.2 | 55.1 | 1:05.0 | 2: 17 | 2: 39 | 4: 55 | 5: 38 | 10: 30 | 12:10 | 1.69 | 1.42 | 5.8 | 4.5 | 12.2 | 9.6  | 16.7 | 16.2 |
| 60  | 12.3 | 13.8 | 24.9 | 28.4 | 55.4 | 1:05.3 | 2: 19 | 2: 41 | 4: 58 | 5: 41 | 10: 35 | 12:15 | 1.67 | 1.40 | 5.7 | 4.4 | 12.0 | 9.4  | 16.8 | 16.3 |
| 55  | 12.4 | 13.9 | 25.1 | 28.6 | 55.7 | 1:05.6 | 2: 21 | 2: 43 | 5: 01 | 5: 44 | 10: 40 | 12:20 | 1.65 | 1.38 | 5.6 | 4.3 | 11.8 | 9.2  | 16.9 | 16.4 |
| 50  | 12.5 | 14.0 | 25.3 | 28.8 | 56.0 | 1:05.9 | 2: 23 | 2: 45 | 5: 04 | 5: 47 | 10: 45 | 12:25 | 1.63 | 1.36 | 5.5 | 4.2 | 11.6 | 9.0  | 17.0 | 16.5 |
| 45  | 12.6 | 14.1 | 25.5 | 29.0 | 56.3 | 1:06.2 | 2: 25 | 2: 47 | 5: 07 | 5: 50 | 10: 50 | 12:30 | 1.61 | 1.34 | 5.4 | 4.1 | 11.4 | 8.8  | 17.1 | 16.6 |
| 40  | 12.7 | 14.2 | 25.7 | 29.2 | 56.6 | 1:06.5 | 2: 27 | 2: 49 | 5: 10 | 5: 53 | 10: 55 | 12:35 | 1.59 | 1.32 | 5.3 | 4.0 | 11.2 | 8.6  | 17.2 | 16.7 |
| 35  | 12.8 | 14.3 | 25.9 | 29.4 | 56.9 | 1:06.8 | 2: 29 | 2: 51 | 5: 13 | 5: 56 | 11: 00 | 12:40 | 1.57 | 1.30 | 5.2 | 3.9 | 11.0 | 8.4  | 17.3 | 16.8 |
| 30  | 12.9 | 14.4 | 26.1 | 29.6 | 57.2 | 1:07.1 | 2: 31 | 2: 53 | 5: 16 | 5: 59 | 11: 05 | 12:45 | 1.55 | 1.28 | 5.1 | 3.8 | 10.8 | 8.2  | 17.4 | 16.9 |
| 25  | 13.0 | 14.5 | 26.3 | 29.8 | 57.5 | 1:07.4 | 2: 33 | 2: 55 | 5: 19 | 6: 02 | 11: 10 | 12:50 | 1.53 | 1.26 | 5.0 | 3.7 | 10.6 | 8.0  | 17.5 | 17.0 |
| 20  | 13.1 | 14.6 | 26.5 | 30.0 | 57.8 | 1:07.7 | 2: 35 | 2: 57 | 5: 22 | 6: 05 | 11: 15 | 12:55 | 1.51 | 1.24 | 4.9 | 3.6 | 10.4 | 7.8  | 17.6 | 17.1 |
| 15  | 13.2 | 14.7 | 26.7 | 30.2 | 58.1 | 1:08.0 | 2: 37 | 2: 59 | 5: 25 | 6: 08 | 11: 20 | 13:00 | 1.49 | 1.22 | 4.8 | 3.5 | 10.2 | 7.6  | 17.7 | 17.2 |
| 10  | 13.3 | 14.8 | 26.9 | 30.4 | 58.4 | 1:08.3 | 2: 39 | 3: 01 | 5: 28 | 6: 11 | 11: 25 | 13:05 | 1.47 | 1.20 | 4.7 | 3.4 | 10.0 | 7.4  | 17.8 | 17.3 |
| 5   | 13.4 | 14.9 | 27.1 | 30.6 | 58.7 | 1:08.6 | 2: 41 | 3: 03 | 5: 31 | 6: 14 | 11: 30 | 13:10 | 1.45 | 1.18 | 4.6 | 3.3 | 9.8  | 7.2  | 17.9 | 17.4 |

注：跨栏项目男栏高 91.4cm，栏间距 9.14m，起点至第一栏 13.72m；女栏高 76cm，栏间距 8.5m，起点至第一栏 13m。

## 2026年厦门市教育局直属公办高中体育类自主招生特长测试评分标准（男子排球）

| 身体条件（5分） |               | 身体素质（30分） |                 |     |                 | 排球专项（65分）   |    |                 |      |               |  |
|----------|---------------|-----------|-----------------|-----|-----------------|---|----|-----------------|------|---------------|--|
| 分值       | 身高<br>(CM) 5分 | 分值        | 助跑摸高<br>(米) 20分 | 分值  | 半米字移<br>(秒) 10分 | 传垫球分值<br>10分  | 分值 | 上手发球<br>(个) 20分 | 分值   | 扣球<br>(个) 25分 | 实战能力分值 10分   |
| 5        | 184           | 20        | 3.20            | 10  | 15" 0           | 传垫动作标准，无触网无出界，移动少（8—10分）；<br>传垫动作基本准确，无触网，无出界，移动较大（6—7分）；<br>传、垫动作基本准确，有触网（3—5分）；<br>其他：传、垫动作错误（0—2分） | 20 | 10              | 25   | 10            | (1)A等(9~10分):战术意识水平表现突出,攻守职责完成很好,具有很好的阅读比赛能力;对抗情况下技术动作运用及完成合理、规范;比赛作风顽强、心理状态稳定。<br>(2)B等(7~8.9分):战术意识水平表现良好,攻守职责完成良好,具有良好的阅读比赛能力;对抗情况下技术动作运用较合理,完成动作较规范;比赛作风良好、心理状态稳定。<br>(3)C等(6.1~6.9分):战术意识水平表现一般,攻守职责完成一般,阅读比赛能力一般;对抗情况下技术动作运用基本合理,完成动作基本规范;比赛作风较好、心理状态有波动。<br>(4)D等(5~6分):战术意识水平表现差,攻守职责不清楚,不具有基本阅读比赛的能力;对抗情况下技术动作运用不合理,完成动作不规范;比赛作风一般、心理状态不稳定。 |
| 4.5      | 182           | 19        | 3.19            | 9.5 | 15" 1           |   | 18 | 9               | 22.5 | 9             |  |
| 4        | 180           | 18        | 3.18            | 9   | 15" 2           |   | 16 | 8               | 20   | 8             |  |
| 3.5      | 178           | 17        | 3.17            | 8.5 | 15" 3           |   | 14 | 7               | 17.5 | 7             |  |
| 3        | 176           | 16        | 3.16            | 8   | 15" 4           |   | 12 | 6               | 15   | 6             |  |
| 2.5      | 175           | 15        | 3.15            | 7.5 | 15" 5           |   | 10 | 5               | 12.5 | 5             |  |
| 2        | 174           | 14        | 3.14            | 7   | 15" 6           |   | 8  | 4               | 10   | 4             |  |
| 1.5      | 173           | 13        | 3.13            | 6.5 | 15" 7           |   | 6  | 3               | 7.5  | 3             |  |
| 1        | 172           | 12        | 3.12            | 6   | 15" 8           |   | 4  | 2               | 5    | 2             |  |
| 0.5      | 171           | 11        | 3.11            | 5.5 | 15" 9           |   | 2  | 1               | 2.5  | 1             |  |
|          |               | 10        | 3.10            | 5   | 16" 0           |   | 0  | 0               | 0    | 0             |  |
|          |               | 9         | 3.09            | 4.5 | 16" 1           |   |    |                 |      |               |  |
|          |               | 8         | 3.08            | 4   | 16" 2           |   |    |                 |      |               |  |
|          |               | 7         | 3.07            | 3.5 | 16" 3           |   |    |                 |      |               |  |
|          |               | 6         | 3.06            | 3   | 16" 4           |   |    |                 |      |               |  |
|          |               | 5         | 3.05            | 2.5 | 16" 5           |   |    |                 |      |               |  |
|          |               | 4         | 3.04            | 2   | 16" 6           |   |    |                 |      |               |  |
|          |               | 3         | 3.03            | 1.5 | 16" 7           |   |    |                 |      |               |  |
|          |               | 2         | 3.02            | 1   | 16" 8           |   |    |                 |      |               |  |
|          |               | 1         | 3.01            | 0.5 | 16" 9           |   |    |                 |      |               |  |
|          |               |           |                 |     |                 |   |    |                 |      |               |  |

注：助跑摸高：助跑后采用双脚起跳单手摸高，记录触及的最高高度，每人试跳三次，取最高成绩，以厘米为单位，不足1厘米不计。

## 2026年厦门市教育局直属公办高中体育类自主招生特长测试评分标准（女子排球）

| 身体条件（10 |               | 身体素质（30分） |                |      |                | 排球专项（60分）                                   |    |                 |          |   |
|---------|---------------|-----------|----------------|------|----------------|---|----|-----------------|----------|---|
| 分值      | 身高<br>(CM) 10 | 分值        | 助跑摸高<br>(米) 15 | 分值   | 米字移动（秒）<br>15分 | 传垫球分值<br>15分                                | 分值 | 上手发球<br>(个) 20分 | 扣球（个）25分 |   |
|         |               |           |                |      |                |   |    |                 | 成功率 20分  | 技评分 5分  |
| 10      | 175           | 15        | 2.80           | 15   | 17.5           | 传垫球数量达要求，且无触网无出界，传垫动作准确、规范，移动少（13-15分）；     | 20 | 10              | 10       | 根据扣球动作的助跑、起跳、空中击球（扣球力量、手型）、落地等动作情况给分。动作规范、协调、连贯、有效（4.5-5分）。动作较为规范、协调和连贯（3.5-4分）。能基本完成动作，但动作一般（2-3分）。动作错误（0-1.5分）。 |
| 9       | 174           | 14.5      | 2.78           | 14.5 | 17.6           |   | 18 | 9               | 9        |   |
| 8       | 173           | 14        | 2.76           | 14   | 17.7           |   | 16 | 8               | 8        |   |
| 7       | 172           | 13.5      | 2.74           | 13.5 | 17.8           |   | 14 | 7               | 7        |   |
| 6       | 170           | 13        | 2.72           | 13   | 17.9           |   | 12 | 6               | 6        |   |
| 5       | 168           | 12.5      | 2.70           | 12.5 | 18.0           |   | 10 | 5               | 5        |   |
| 4       | 166           | 12        | 2.68           | 12   | 18.1           |   | 8  | 4               | 4        |   |
| 3       | 164           | 11.5      | 2.66           | 11.5 | 18.2           |   | 6  | 3               | 3        |   |
| 2       | 162           | 11        | 2.64           | 11   | 18.3           |   | 4  | 2               | 2        |   |
| 1       | 160           | 10.5      | 2.62           | 10.5 | 18.4           |   | 2  | 1               | 1        |   |
| 0.5     | 160以下         | 10        | 2.60           | 10   | 18.5           | 传垫球数量两项都不达要求且传垫动作不够准确、规范，有触网或有大幅度移动等（5-8分）； | 0  | 0               | 0        |   |
|         |               | 9.5       | 2.58           | 9.75 | 18.6           |   |    |                 |          |   |
|         |               | 9         | 2.56           | 9.5  | 18.7           |   |    |                 |          |   |
|         |               | 8.5       | 2.54           | 9.25 | 18.8           |   |    |                 |          |   |
|         |               | 8         | 2.52           | 9    | 18.9           |   |    |                 |          |   |
|         |               | 7.5       | 2.50           | 8.75 | 19.0           |   |    |                 |          |   |
|         |               | 7         | 2.48           | 8.5  | 19.1           |   |    |                 |          |   |
|         |               | 6.5       | 2.46           | 8.25 | 19.2           |   |    |                 |          |   |
|         |               | 6         | 2.44           | 8    | 19.3           |   |    |                 |          |   |
|         |               | 5.5       | 2.42           | 7.75 | 19.4           |   |    |                 |          |   |
|         |               | 5         | 2.40           | 7.5  | 19.5           |   |    |                 |          |   |
|         |               | 4         | 2.39           | 7.25 | 19.6           |   |    |                 |          |   |
|         |               | 3         | 2.38           | 7    | 19.7           |   |    |                 |          |   |
|         |               | 2         | 2.37           | 6.5  | 19.8           |   |    |                 |          |   |
|         |               | 1         | 2.36           | 6    | 19.9           |   |    |                 |          |   |

|  |  |  |  |     |      |  |  |  |  |  |
|--|--|--|--|-----|------|--|--|--|--|--|
|  |  |  |  | 5.5 | 20.0 |  |  |  |  |  |
|  |  |  |  | 5   | 20.1 |  |  |  |  |  |
|  |  |  |  | 4.5 | 20.2 |  |  |  |  |  |
|  |  |  |  | 4   | 20.3 |  |  |  |  |  |
|  |  |  |  | 3.5 | 20.4 |  |  |  |  |  |
|  |  |  |  | 3   | 20.5 |  |  |  |  |  |
|  |  |  |  | 2.5 | 20.6 |  |  |  |  |  |
|  |  |  |  | 2   | 20.7 |  |  |  |  |  |
|  |  |  |  | 1.5 | 20.8 |  |  |  |  |  |
|  |  |  |  | 1   | 20.9 |  |  |  |  |  |
|  |  |  |  | 0.5 | 21.0 |  |  |  |  |  |
|  |  |  |  |     |      |  |  |  |  |  |
|  |  |  |  |     |      |  |  |  |  |  |
|  |  |  |  |     |      |  |  |  |  |  |

注：助跑摸高：助跑后采用双脚起跳单手摸高，记录触及的最高高度，每人试跳三次，取最高成绩，以厘米为单位，不足1厘米不计

## 附件 3:

## 2026 年厦门市教育局直属公办高中体育类自主招生特长测试评分标准（游泳）

| 得分    | 男 100<br>自 | 男 100<br>仰 | 男 100<br>蛙 | 男 100<br>蝶 | 男 200<br>混 | 女 100<br>自 | 女 100<br>仰 | 女 100<br>蛙 | 女 100<br>蝶 | 女 200<br>混 |
|-------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|
| 100   | 00:55.49   | 01:01.34   | 01:07.59   | 00:58.94   | 02:14.86   | 01:01.17   | 01:08.73   | 01:15.87   | 01:05.63   | 02:29.20   |
| 99.75 | 00:55.53   | 01:01.37   | 01:07.62   | 00:58.97   | 02:14.94   | 01:01.21   | 01:08.77   | 01:15.91   | 01:05.67   | 02:29.28   |
| 99.5  | 00:55.56   | 01:01.41   | 01:07.66   | 00:59.00   | 02:15.01   | 01:01.24   | 01:08.81   | 01:15.95   | 01:05.71   | 02:29.37   |
| 99.25 | 00:55.59   | 01:01.44   | 01:07.70   | 00:59.04   | 02:15.09   | 01:01.27   | 01:08.85   | 01:15.99   | 01:05.74   | 02:29.45   |
| 99    | 00:55.62   | 01:01.47   | 01:07.74   | 00:59.07   | 02:15.16   | 01:01.31   | 01:08.89   | 01:16.03   | 01:05.78   | 02:29.53   |
| 98.75 | 00:55.65   | 01:01.51   | 01:07.77   | 00:59.10   | 02:15.24   | 01:01.34   | 01:08.92   | 01:16.08   | 01:05.82   | 02:29.61   |
| 98.5  | 00:55.68   | 01:01.54   | 01:07.81   | 00:59.13   | 02:15.31   | 01:01.38   | 01:08.96   | 01:16.12   | 01:05.85   | 02:29.70   |
| 98.25 | 00:55.71   | 01:01.58   | 01:07.85   | 00:59.17   | 02:15.39   | 01:01.41   | 01:09.00   | 01:16.16   | 01:05.89   | 02:29.78   |
| 98    | 00:55.74   | 01:01.61   | 01:07.89   | 00:59.20   | 02:15.46   | 01:01.45   | 01:09.04   | 01:16.20   | 01:05.93   | 02:29.87   |
| 97.75 | 00:55.77   | 01:01.65   | 01:07.92   | 00:59.23   | 02:15.54   | 01:01.48   | 01:09.08   | 01:16.25   | 01:05.96   | 02:29.95   |
| 97.5  | 00:55.80   | 01:01.68   | 01:07.96   | 00:59.27   | 02:15.62   | 01:01.51   | 01:09.12   | 01:16.29   | 01:06.00   | 02:30.03   |
| 97.25 | 00:55.84   | 01:01.72   | 01:08.00   | 00:59.30   | 02:15.69   | 01:01.55   | 01:09.16   | 01:16.33   | 01:06.04   | 02:30.12   |
| 97    | 00:55.87   | 01:01.75   | 01:08.04   | 00:59.33   | 02:15.77   | 01:01.58   | 01:09.19   | 01:16.38   | 01:06.07   | 02:30.20   |
| 96.75 | 00:55.90   | 01:01.79   | 01:08.08   | 00:59.37   | 02:15.84   | 01:01.62   | 01:09.23   | 01:16.42   | 01:06.11   | 02:30.29   |
| 96.5  | 00:55.93   | 01:01.82   | 01:08.12   | 00:59.40   | 02:15.92   | 01:01.65   | 01:09.27   | 01:16.46   | 01:06.15   | 02:30.37   |
| 96.25 | 00:55.96   | 01:01.86   | 01:08.15   | 00:59.43   | 02:16.00   | 01:01.69   | 01:09.31   | 01:16.50   | 01:06.19   | 02:30.46   |
| 96    | 00:55.99   | 01:01.89   | 01:08.19   | 00:59.47   | 02:16.08   | 01:01.72   | 01:09.35   | 01:16.55   | 01:06.22   | 02:30.54   |
| 95.75 | 00:56.03   | 01:01.93   | 01:08.23   | 00:59.50   | 02:16.15   | 01:01.76   | 01:09.39   | 01:16.59   | 01:06.26   | 02:30.63   |
| 95.5  | 00:56.06   | 01:01.96   | 01:08.27   | 00:59.53   | 02:16.23   | 01:01.79   | 01:09.43   | 01:16.64   | 01:06.30   | 02:30.71   |
| 95.25 | 00:56.09   | 01:02.00   | 01:08.31   | 00:59.57   | 02:16.31   | 01:01.83   | 01:09.47   | 01:16.68   | 01:06.34   | 02:30.80   |
| 95    | 00:56.12   | 01:02.03   | 01:08.35   | 00:59.60   | 02:16.39   | 01:01.86   | 01:09.51   | 01:16.72   | 01:06.37   | 02:30.89   |
| 94.75 | 00:56.15   | 01:02.07   | 01:08.39   | 00:59.64   | 02:16.46   | 01:01.90   | 01:09.55   | 01:16.77   | 01:06.41   | 02:30.97   |
| 94.5  | 00:56.19   | 01:02.10   | 01:08.43   | 00:59.67   | 02:16.54   | 01:01.93   | 01:09.59   | 01:16.81   | 01:06.45   | 02:31.06   |
| 94.25 | 00:56.22   | 01:02.14   | 01:08.47   | 00:59.71   | 02:16.62   | 01:01.97   | 01:09.63   | 01:16.85   | 01:06.49   | 02:31.14   |
| 94    | 00:56.25   | 01:02.17   | 01:08.50   | 00:59.74   | 02:16.70   | 01:02.01   | 01:09.67   | 01:16.90   | 01:06.53   | 02:31.23   |
| 93.75 | 00:56.28   | 01:02.21   | 01:08.54   | 00:59.77   | 02:16.78   | 01:02.04   | 01:09.71   | 01:16.94   | 01:06.56   | 02:31.32   |
| 93.5  | 00:56.31   | 01:02.25   | 01:08.58   | 00:59.81   | 02:16.86   | 01:02.08   | 01:09.75   | 01:16.99   | 01:06.60   | 02:31.41   |
| 93.25 | 00:56.35   | 01:02.28   | 01:08.62   | 00:59.84   | 02:16.93   | 01:02.11   | 01:09.79   | 01:17.03   | 01:06.64   | 02:31.49   |
| 93    | 00:56.38   | 01:02.32   | 01:08.66   | 00:59.88   | 02:17.01   | 01:02.15   | 01:09.83   | 01:17.08   | 01:06.68   | 02:31.58   |
| 92.75 | 00:56.41   | 01:02.35   | 01:08.70   | 00:59.91   | 02:17.09   | 01:02.18   | 01:09.87   | 01:17.12   | 01:06.72   | 02:31.67   |
| 92.5  | 00:56.45   | 01:02.39   | 01:08.74   | 00:59.95   | 02:17.17   | 01:02.22   | 01:09.91   | 01:17.17   | 01:06.76   | 02:31.76   |
| 92.25 | 00:56.48   | 01:02.43   | 01:08.78   | 00:59.98   | 02:17.25   | 01:02.26   | 01:09.95   | 01:17.21   | 01:06.80   | 02:31.84   |
| 92    | 00:56.51   | 01:02.46   | 01:08.82   | 01:00.02   | 02:17.33   | 01:02.29   | 01:09.99   | 01:17.26   | 01:06.84   | 02:31.93   |

|       |            |            |            |            |            |            |            |            |            |            |
|-------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|
| 91.75 | 00:56.54   | 01:02.50   | 01:08.86   | 01:00.05   | 02:17.41   | 01:02.33   | 01:10.03   | 01:17.30   | 01:06.87   | 02:32.02   |
| 91.5  | 00:56.58   | 01:02.54   | 01:08.90   | 01:00.09   | 02:17.49   | 01:02.37   | 01:10.07   | 01:17.35   | 01:06.91   | 02:32.11   |
| 91.25 | 00:56.61   | 01:02.57   | 01:08.94   | 01:00.12   | 02:17.57   | 01:02.40   | 01:10.11   | 01:17.39   | 01:06.95   | 02:32.20   |
| 91    | 00:56.64   | 01:02.61   | 01:08.98   | 01:00.16   | 02:17.65   | 01:02.44   | 01:10.16   | 01:17.44   | 01:06.99   | 02:32.29   |
| 90.75 | 00:56.68   | 01:02.65   | 01:09.02   | 01:00.19   | 02:17.73   | 01:02.48   | 01:10.20   | 01:17.48   | 01:07.03   | 02:32.38   |
| 90.5  | 00:56.71   | 01:02.68   | 01:09.07   | 01:00.23   | 02:17.82   | 01:02.51   | 01:10.24   | 01:17.53   | 01:07.07   | 02:32.47   |
| 90.25 | 00:56.74   | 01:02.72   | 01:09.11   | 01:00.26   | 02:17.90   | 01:02.55   | 01:10.28   | 01:17.57   | 01:07.11   | 02:32.56   |
| 得分    | 男 100<br>自 | 男 100<br>仰 | 男 100<br>蛙 | 男 100<br>蝶 | 男 200<br>混 | 女 100<br>自 | 女 100<br>仰 | 女 100<br>蛙 | 女 100<br>蝶 | 女 200<br>混 |
| 90    | 00:56.78   | 01:02.76   | 01:09.15   | 01:00.30   | 02:17.98   | 01:02.59   | 01:10.32   | 01:17.62   | 01:07.15   | 02:32.65   |
| 89.75 | 00:56.81   | 01:02.79   | 01:09.19   | 01:00.33   | 02:18.06   | 01:02.62   | 01:10.36   | 01:17.66   | 01:07.19   | 02:32.74   |
| 89.5  | 00:56.84   | 01:02.83   | 01:09.23   | 01:00.37   | 02:18.14   | 01:02.66   | 01:10.40   | 01:17.71   | 01:07.23   | 02:32.83   |
| 89.25 | 00:56.88   | 01:02.87   | 01:09.27   | 01:00.41   | 02:18.22   | 01:02.70   | 01:10.45   | 01:17.76   | 01:07.27   | 02:32.92   |
| 89    | 00:56.91   | 01:02.91   | 01:09.31   | 01:00.44   | 02:18.31   | 01:02.74   | 01:10.49   | 01:17.80   | 01:07.31   | 02:33.01   |
| 88.75 | 00:56.95   | 01:02.94   | 01:09.35   | 01:00.48   | 02:18.39   | 01:02.77   | 01:10.53   | 01:17.85   | 01:07.35   | 02:33.10   |
| 88.5  | 00:56.98   | 01:02.98   | 01:09.39   | 01:00.51   | 02:18.47   | 01:02.81   | 01:10.57   | 01:17.90   | 01:07.39   | 02:33.19   |
| 88.25 | 00:57.01   | 01:03.02   | 01:09.44   | 01:00.55   | 02:18.55   | 01:02.85   | 01:10.61   | 01:17.94   | 01:07.43   | 02:33.28   |
| 88    | 00:57.05   | 01:03.06   | 01:09.48   | 01:00.59   | 02:18.64   | 01:02.89   | 01:10.66   | 01:17.99   | 01:07.47   | 02:33.38   |
| 87.75 | 00:57.08   | 01:03.09   | 01:09.52   | 01:00.62   | 02:18.72   | 01:02.92   | 01:10.70   | 01:18.04   | 01:07.51   | 02:33.47   |
| 87.5  | 00:57.12   | 01:03.13   | 01:09.56   | 01:00.66   | 02:18.80   | 01:02.96   | 01:10.74   | 01:18.08   | 01:07.55   | 02:33.56   |
| 87.25 | 00:57.15   | 01:03.17   | 01:09.60   | 01:00.70   | 02:18.89   | 01:03.00   | 01:10.78   | 01:18.13   | 01:07.59   | 02:33.65   |
| 87    | 00:57.19   | 01:03.21   | 01:09.64   | 01:00.73   | 02:18.97   | 01:03.04   | 01:10.83   | 01:18.18   | 01:07.63   | 02:33.75   |
| 86.75 | 00:57.22   | 01:03.25   | 01:09.69   | 01:00.77   | 02:19.06   | 01:03.08   | 01:10.87   | 01:18.22   | 01:07.67   | 02:33.84   |
| 86.5  | 00:57.25   | 01:03.28   | 01:09.73   | 01:00.81   | 02:19.14   | 01:03.11   | 01:10.91   | 01:18.27   | 01:07.71   | 02:33.93   |
| 86.25 | 00:57.29   | 01:03.32   | 01:09.77   | 01:00.84   | 02:19.22   | 01:03.15   | 01:10.96   | 01:18.32   | 01:07.76   | 02:34.03   |
| 86    | 00:57.32   | 01:03.36   | 01:09.81   | 01:00.88   | 02:19.31   | 01:03.19   | 01:11.00   | 01:18.37   | 01:07.80   | 02:34.12   |
| 85.75 | 00:57.36   | 01:03.40   | 01:09.86   | 01:00.92   | 02:19.39   | 01:03.23   | 01:11.04   | 01:18.41   | 01:07.84   | 02:34.21   |
| 85.5  | 00:57.39   | 01:03.44   | 01:09.90   | 01:00.95   | 02:19.48   | 01:03.27   | 01:11.09   | 01:18.46   | 01:07.88   | 02:34.31   |
| 85.25 | 00:57.43   | 01:03.48   | 01:09.94   | 01:00.99   | 02:19.56   | 01:03.31   | 01:11.13   | 01:18.51   | 01:07.92   | 02:34.40   |
| 85    | 00:57.46   | 01:03.52   | 01:09.98   | 01:01.03   | 02:19.65   | 01:03.34   | 01:11.17   | 01:18.56   | 01:07.96   | 02:34.50   |
| 84.75 | 00:57.50   | 01:03.55   | 01:10.03   | 01:01.07   | 02:19.73   | 01:03.38   | 01:11.22   | 01:18.61   | 01:08.00   | 02:34.59   |
| 84.5  | 00:57.54   | 01:03.59   | 01:10.07   | 01:01.10   | 02:19.82   | 01:03.42   | 01:11.26   | 01:18.66   | 01:08.05   | 02:34.69   |
| 84.25 | 00:57.57   | 01:03.63   | 01:10.11   | 01:01.14   | 02:19.91   | 01:03.46   | 01:11.30   | 01:18.70   | 01:08.09   | 02:34.78   |
| 84    | 00:57.61   | 01:03.67   | 01:10.16   | 01:01.18   | 02:19.99   | 01:03.50   | 01:11.35   | 01:18.75   | 01:08.13   | 02:34.88   |
| 83.75 | 00:57.64   | 01:03.71   | 01:10.20   | 01:01.22   | 02:20.08   | 01:03.54   | 01:11.39   | 01:18.80   | 01:08.17   | 02:34.97   |
| 83.5  | 00:57.68   | 01:03.75   | 01:10.24   | 01:01.26   | 02:20.17   | 01:03.58   | 01:11.44   | 01:18.85   | 01:08.21   | 02:35.07   |
| 83.25 | 00:57.71   | 01:03.79   | 01:10.29   | 01:01.29   | 02:20.25   | 01:03.62   | 01:11.48   | 01:18.90   | 01:08.26   | 02:35.16   |

|       |            |            |            |            |            |            |            |            |            |            |
|-------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|
| 83    | 00:57.75   | 01:03.83   | 01:10.33   | 01:01.33   | 02:20.34   | 01:03.66   | 01:11.52   | 01:18.95   | 01:08.30   | 02:35.26   |
| 82.75 | 00:57.78   | 01:03.87   | 01:10.37   | 01:01.37   | 02:20.43   | 01:03.70   | 01:11.57   | 01:19.00   | 01:08.34   | 02:35.36   |
| 82.5  | 00:57.82   | 01:03.91   | 01:10.42   | 01:01.41   | 02:20.52   | 01:03.74   | 01:11.61   | 01:19.05   | 01:08.38   | 02:35.45   |
| 82.25 | 00:57.86   | 01:03.95   | 01:10.46   | 01:01.45   | 02:20.60   | 01:03.78   | 01:11.66   | 01:19.10   | 01:08.43   | 02:35.55   |
| 82    | 00:57.89   | 01:03.99   | 01:10.51   | 01:01.48   | 02:20.69   | 01:03.82   | 01:11.70   | 01:19.15   | 01:08.47   | 02:35.65   |
| 81.75 | 00:57.93   | 01:04.03   | 01:10.55   | 01:01.52   | 02:20.78   | 01:03.86   | 01:11.75   | 01:19.19   | 01:08.51   | 02:35.75   |
| 81.5  | 00:57.97   | 01:04.07   | 01:10.59   | 01:01.56   | 02:20.87   | 01:03.90   | 01:11.79   | 01:19.24   | 01:08.56   | 02:35.84   |
| 81.25 | 00:58.00   | 01:04.11   | 01:10.64   | 01:01.60   | 02:20.96   | 01:03.94   | 01:11.84   | 01:19.29   | 01:08.60   | 02:35.94   |
| 81    | 00:58.04   | 01:04.15   | 01:10.68   | 01:01.64   | 02:21.05   | 01:03.98   | 01:11.88   | 01:19.34   | 01:08.64   | 02:36.04   |
| 80.75 | 00:58.08   | 01:04.19   | 01:10.73   | 01:01.68   | 02:21.13   | 01:04.02   | 01:11.93   | 01:19.39   | 01:08.69   | 02:36.14   |
| 80.5  | 00:58.11   | 01:04.23   | 01:10.77   | 01:01.72   | 02:21.22   | 01:04.06   | 01:11.97   | 01:19.44   | 01:08.73   | 02:36.24   |
| 80.25 | 00:58.15   | 01:04.27   | 01:10.82   | 01:01.76   | 02:21.31   | 01:04.10   | 01:12.02   | 01:19.50   | 01:08.77   | 02:36.34   |
| 得分    | 男 100<br>自 | 男 100<br>仰 | 男 100<br>蛙 | 男 100<br>蝶 | 男 200<br>混 | 女 100<br>自 | 女 100<br>仰 | 女 100<br>蛙 | 女 100<br>蝶 | 女 200<br>混 |
| 80    | 00:58.19   | 01:04.31   | 01:10.86   | 01:01.80   | 02:21.40   | 01:04.14   | 01:12.07   | 01:19.55   | 01:08.82   | 02:36.44   |
| 79.75 | 00:58.22   | 01:04.35   | 01:10.91   | 01:01.84   | 02:21.49   | 01:04.18   | 01:12.11   | 01:19.60   | 01:08.86   | 02:36.54   |
| 79.5  | 00:58.26   | 01:04.40   | 01:10.95   | 01:01.87   | 02:21.58   | 01:04.22   | 01:12.16   | 01:19.65   | 01:08.90   | 02:36.64   |
| 79.25 | 00:58.30   | 01:04.44   | 01:11.00   | 01:01.91   | 02:21.67   | 01:04.26   | 01:12.20   | 01:19.70   | 01:08.95   | 02:36.74   |
| 79    | 00:58.34   | 01:04.48   | 01:11.04   | 01:01.95   | 02:21.77   | 01:04.30   | 01:12.25   | 01:19.75   | 01:08.99   | 02:36.84   |
| 78.75 | 00:58.37   | 01:04.52   | 01:11.09   | 01:01.99   | 02:21.86   | 01:04.35   | 01:12.30   | 01:19.80   | 01:09.04   | 02:36.94   |
| 78.5  | 00:58.41   | 01:04.56   | 01:11.14   | 01:02.03   | 02:21.95   | 01:04.39   | 01:12.34   | 01:19.85   | 01:09.08   | 02:37.04   |
| 78.25 | 00:58.45   | 01:04.60   | 01:11.18   | 01:02.07   | 02:22.04   | 01:04.43   | 01:12.39   | 01:19.90   | 01:09.13   | 02:37.14   |
| 78    | 00:58.49   | 01:04.64   | 01:11.23   | 01:02.11   | 02:22.13   | 01:04.47   | 01:12.44   | 01:19.95   | 01:09.17   | 02:37.24   |
| 77.75 | 00:58.52   | 01:04.69   | 01:11.27   | 01:02.15   | 02:22.22   | 01:04.51   | 01:12.48   | 01:20.01   | 01:09.22   | 02:37.34   |
| 77.5  | 00:58.56   | 01:04.73   | 01:11.32   | 01:02.19   | 02:22.31   | 01:04.55   | 01:12.53   | 01:20.06   | 01:09.26   | 02:37.45   |
| 77.25 | 00:58.60   | 01:04.77   | 01:11.37   | 01:02.23   | 02:22.41   | 01:04.60   | 01:12.58   | 01:20.11   | 01:09.30   | 02:37.55   |
| 77    | 00:58.64   | 01:04.81   | 01:11.41   | 01:02.28   | 02:22.50   | 01:04.64   | 01:12.63   | 01:20.16   | 01:09.35   | 02:37.65   |
| 76.75 | 00:58.68   | 01:04.85   | 01:11.46   | 01:02.32   | 02:22.59   | 01:04.68   | 01:12.67   | 01:20.21   | 01:09.40   | 02:37.75   |
| 76.5  | 00:58.71   | 01:04.90   | 01:11.51   | 01:02.36   | 02:22.69   | 01:04.72   | 01:12.72   | 01:20.27   | 01:09.44   | 02:37.86   |
| 76.25 | 00:58.75   | 01:04.94   | 01:11.55   | 01:02.40   | 02:22.78   | 01:04.76   | 01:12.77   | 01:20.32   | 01:09.49   | 02:37.96   |
| 76    | 00:58.79   | 01:04.98   | 01:11.60   | 01:02.44   | 02:22.87   | 01:04.81   | 01:12.82   | 01:20.37   | 01:09.53   | 02:38.06   |
| 75.75 | 00:58.83   | 01:05.02   | 01:11.65   | 01:02.48   | 02:22.97   | 01:04.85   | 01:12.86   | 01:20.43   | 01:09.58   | 02:38.17   |
| 75.5  | 00:58.87   | 01:05.07   | 01:11.69   | 01:02.52   | 02:23.06   | 01:04.89   | 01:12.91   | 01:20.48   | 01:09.62   | 02:38.27   |
| 75.25 | 00:58.91   | 01:05.11   | 01:11.74   | 01:02.56   | 02:23.16   | 01:04.93   | 01:12.96   | 01:20.53   | 01:09.67   | 02:38.38   |
| 75    | 00:58.95   | 01:05.15   | 01:11.79   | 01:02.60   | 02:23.25   | 01:04.98   | 01:13.01   | 01:20.58   | 01:09.72   | 02:38.48   |
| 74.75 | 00:58.99   | 01:05.20   | 01:11.84   | 01:02.64   | 02:23.34   | 01:05.02   | 01:13.06   | 01:20.64   | 01:09.76   | 02:38.58   |
| 74.5  | 00:59.02   | 01:05.24   | 01:11.88   | 01:02.69   | 02:23.44   | 01:05.06   | 01:13.10   | 01:20.69   | 01:09.81   | 02:38.69   |

|       |            |            |            |            |            |            |            |            |            |            |
|-------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|
| 74.25 | 00:59.06   | 01:05.28   | 01:11.93   | 01:02.73   | 02:23.54   | 01:05.11   | 01:13.15   | 01:20.74   | 01:09.85   | 02:38.80   |
| 74    | 00:59.10   | 01:05.33   | 01:11.98   | 01:02.77   | 02:23.63   | 01:05.15   | 01:13.20   | 01:20.80   | 01:09.90   | 02:38.90   |
| 73.75 | 00:59.14   | 01:05.37   | 01:12.03   | 01:02.81   | 02:23.73   | 01:05.19   | 01:13.25   | 01:20.85   | 01:09.95   | 02:39.01   |
| 73.5  | 00:59.18   | 01:05.41   | 01:12.08   | 01:02.85   | 02:23.82   | 01:05.24   | 01:13.30   | 01:20.91   | 01:09.99   | 02:39.11   |
| 73.25 | 00:59.22   | 01:05.46   | 01:12.12   | 01:02.90   | 02:23.92   | 01:05.28   | 01:13.35   | 01:20.96   | 01:10.04   | 02:39.22   |
| 73    | 00:59.26   | 01:05.50   | 01:12.17   | 01:02.94   | 02:24.02   | 01:05.33   | 01:13.40   | 01:21.02   | 01:10.09   | 02:39.33   |
| 72.75 | 00:59.30   | 01:05.55   | 01:12.22   | 01:02.98   | 02:24.11   | 01:05.37   | 01:13.45   | 01:21.07   | 01:10.13   | 02:39.43   |
| 72.5  | 00:59.34   | 01:05.59   | 01:12.27   | 01:03.02   | 02:24.21   | 01:05.41   | 01:13.50   | 01:21.12   | 01:10.18   | 02:39.54   |
| 72.25 | 00:59.38   | 01:05.63   | 01:12.32   | 01:03.06   | 02:24.31   | 01:05.46   | 01:13.55   | 01:21.18   | 01:10.23   | 02:39.65   |
| 72    | 00:59.42   | 01:05.68   | 01:12.37   | 01:03.11   | 02:24.41   | 01:05.50   | 01:13.60   | 01:21.23   | 01:10.28   | 02:39.76   |
| 71.75 | 00:59.46   | 01:05.72   | 01:12.42   | 01:03.15   | 02:24.50   | 01:05.55   | 01:13.65   | 01:21.29   | 01:10.32   | 02:39.87   |
| 71.5  | 00:59.50   | 01:05.77   | 01:12.47   | 01:03.19   | 02:24.60   | 01:05.59   | 01:13.70   | 01:21.34   | 01:10.37   | 02:39.97   |
| 71.25 | 00:59.54   | 01:05.81   | 01:12.52   | 01:03.24   | 02:24.70   | 01:05.64   | 01:13.75   | 01:21.40   | 01:10.42   | 02:40.08   |
| 71    | 00:59.58   | 01:05.86   | 01:12.56   | 01:03.28   | 02:24.80   | 01:05.68   | 01:13.80   | 01:21.46   | 01:10.47   | 02:40.19   |
| 70.75 | 00:59.62   | 01:05.90   | 01:12.61   | 01:03.32   | 02:24.90   | 01:05.73   | 01:13.85   | 01:21.51   | 01:10.52   | 02:40.30   |
| 70.5  | 00:59.67   | 01:05.95   | 01:12.66   | 01:03.37   | 02:25.00   | 01:05.77   | 01:13.90   | 01:21.57   | 01:10.57   | 02:40.41   |
| 70.25 | 00:59.71   | 01:05.99   | 01:12.71   | 01:03.41   | 02:25.10   | 01:05.82   | 01:13.95   | 01:21.62   | 01:10.61   | 02:40.52   |
| 得分    | 男 100<br>自 | 男 100<br>仰 | 男 100<br>蛙 | 男 100<br>蝶 | 男 200<br>混 | 女 100<br>自 | 女 100<br>仰 | 女 100<br>蛙 | 女 100<br>蝶 | 女 200<br>混 |
| 70    | 00:59.75   | 01:06.04   | 01:12.76   | 01:03.45   | 02:25.20   | 01:05.86   | 01:14.00   | 01:21.68   | 01:10.66   | 02:40.63   |
| 69.75 | 00:59.79   | 01:06.08   | 01:12.81   | 01:03.50   | 02:25.30   | 01:05.91   | 01:14.05   | 01:21.74   | 01:10.71   | 02:40.74   |
| 69.5  | 00:59.83   | 01:06.13   | 01:12.86   | 01:03.54   | 02:25.40   | 01:05.95   | 01:14.10   | 01:21.79   | 01:10.76   | 02:40.86   |
| 69.25 | 00:59.87   | 01:06.18   | 01:12.91   | 01:03.59   | 02:25.50   | 01:06.00   | 01:14.15   | 01:21.85   | 01:10.81   | 02:40.97   |
| 69    | 00:59.91   | 01:06.22   | 01:12.97   | 01:03.63   | 02:25.60   | 01:06.04   | 01:14.20   | 01:21.91   | 01:10.86   | 02:41.08   |
| 68.75 | 00:59.95   | 01:06.27   | 01:13.02   | 01:03.67   | 02:25.70   | 01:06.09   | 01:14.26   | 01:21.96   | 01:10.91   | 02:41.19   |
| 68.5  | 01:00.00   | 01:06.31   | 01:13.07   | 01:03.72   | 02:25.80   | 01:06.14   | 01:14.31   | 01:22.02   | 01:10.96   | 02:41.30   |
| 68.25 | 01:00.04   | 01:06.36   | 01:13.12   | 01:03.76   | 02:25.90   | 01:06.18   | 01:14.36   | 01:22.08   | 01:11.01   | 02:41.42   |
| 68    | 01:00.08   | 01:06.41   | 01:13.17   | 01:03.81   | 02:26.01   | 01:06.23   | 01:14.41   | 01:22.13   | 01:11.06   | 02:41.53   |
| 67.75 | 01:00.12   | 01:06.45   | 01:13.22   | 01:03.85   | 02:26.11   | 01:06.27   | 01:14.46   | 01:22.19   | 01:11.11   | 02:41.64   |
| 67.5  | 01:00.16   | 01:06.50   | 01:13.27   | 01:03.90   | 02:26.21   | 01:06.32   | 01:14.52   | 01:22.25   | 01:11.16   | 02:41.76   |
| 67.25 | 01:00.21   | 01:06.55   | 01:13.32   | 01:03.94   | 02:26.31   | 01:06.37   | 01:14.57   | 01:22.31   | 01:11.21   | 02:41.87   |
| 67    | 01:00.25   | 01:06.59   | 01:13.38   | 01:03.99   | 02:26.42   | 01:06.41   | 01:14.62   | 01:22.37   | 01:11.26   | 02:41.98   |
| 66.75 | 01:00.29   | 01:06.64   | 01:13.43   | 01:04.03   | 02:26.52   | 01:06.46   | 01:14.67   | 01:22.42   | 01:11.31   | 02:42.10   |
| 66.5  | 01:00.33   | 01:06.69   | 01:13.48   | 01:04.08   | 02:26.62   | 01:06.51   | 01:14.73   | 01:22.48   | 01:11.36   | 02:42.21   |
| 66.25 | 01:00.38   | 01:06.74   | 01:13.53   | 01:04.12   | 02:26.73   | 01:06.56   | 01:14.78   | 01:22.54   | 01:11.41   | 02:42.33   |
| 66    | 01:00.42   | 01:06.78   | 01:13.58   | 01:04.17   | 02:26.83   | 01:06.60   | 01:14.83   | 01:22.60   | 01:11.46   | 02:42.44   |
| 65.75 | 01:00.46   | 01:06.83   | 01:13.64   | 01:04.21   | 02:26.94   | 01:06.65   | 01:14.89   | 01:22.66   | 01:11.51   | 02:42.56   |

|       |            |            |            |            |            |            |            |            |            |            |
|-------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|
| 65.5  | 01:00.51   | 01:06.88   | 01:13.69   | 01:04.26   | 02:27.04   | 01:06.70   | 01:14.94   | 01:22.72   | 01:11.56   | 02:42.68   |
| 65.25 | 01:00.55   | 01:06.93   | 01:13.74   | 01:04.31   | 02:27.15   | 01:06.75   | 01:14.99   | 01:22.78   | 01:11.61   | 02:42.79   |
| 65    | 01:00.59   | 01:06.97   | 01:13.79   | 01:04.35   | 02:27.25   | 01:06.79   | 01:15.05   | 01:22.84   | 01:11.66   | 02:42.91   |
| 64.75 | 01:00.64   | 01:07.02   | 01:13.85   | 01:04.40   | 02:27.36   | 01:06.84   | 01:15.10   | 01:22.90   | 01:11.71   | 02:43.03   |
| 64.5  | 01:00.68   | 01:07.07   | 01:13.90   | 01:04.45   | 02:27.47   | 01:06.89   | 01:15.16   | 01:22.96   | 01:11.77   | 02:43.14   |
| 64.25 | 01:00.72   | 01:07.12   | 01:13.95   | 01:04.49   | 02:27.57   | 01:06.94   | 01:15.21   | 01:23.02   | 01:11.82   | 02:43.26   |
| 64    | 01:00.77   | 01:07.17   | 01:14.01   | 01:04.54   | 02:27.68   | 01:06.99   | 01:15.26   | 01:23.08   | 01:11.87   | 02:43.38   |
| 63.75 | 01:00.81   | 01:07.22   | 01:14.06   | 01:04.59   | 02:27.79   | 01:07.04   | 01:15.32   | 01:23.14   | 01:11.92   | 02:43.50   |
| 63.5  | 01:00.86   | 01:07.27   | 01:14.12   | 01:04.63   | 02:27.89   | 01:07.08   | 01:15.37   | 01:23.20   | 01:11.97   | 02:43.62   |
| 63.25 | 01:00.90   | 01:07.31   | 01:14.17   | 01:04.68   | 02:28.00   | 01:07.13   | 01:15.43   | 01:23.26   | 01:12.03   | 02:43.74   |
| 63    | 01:00.95   | 01:07.36   | 01:14.22   | 01:04.73   | 02:28.11   | 01:07.18   | 01:15.48   | 01:23.32   | 01:12.08   | 02:43.86   |
| 62.75 | 01:00.99   | 01:07.41   | 01:14.28   | 01:04.77   | 02:28.22   | 01:07.23   | 01:15.54   | 01:23.38   | 01:12.13   | 02:43.98   |
| 62.5  | 01:01.04   | 01:07.46   | 01:14.33   | 01:04.82   | 02:28.33   | 01:07.28   | 01:15.59   | 01:23.44   | 01:12.19   | 02:44.10   |
| 62.25 | 01:01.08   | 01:07.51   | 01:14.39   | 01:04.87   | 02:28.44   | 01:07.33   | 01:15.65   | 01:23.50   | 01:12.24   | 02:44.22   |
| 62    | 01:01.13   | 01:07.56   | 01:14.44   | 01:04.92   | 02:28.55   | 01:07.38   | 01:15.71   | 01:23.56   | 01:12.29   | 02:44.34   |
| 61.75 | 01:01.17   | 01:07.61   | 01:14.50   | 01:04.96   | 02:28.65   | 01:07.43   | 01:15.76   | 01:23.62   | 01:12.35   | 02:44.46   |
| 61.5  | 01:01.22   | 01:07.66   | 01:14.55   | 01:05.01   | 02:28.76   | 01:07.48   | 01:15.82   | 01:23.69   | 01:12.40   | 02:44.58   |
| 61.25 | 01:01.26   | 01:07.71   | 01:14.61   | 01:05.06   | 02:28.88   | 01:07.53   | 01:15.87   | 01:23.75   | 01:12.45   | 02:44.70   |
| 61    | 01:01.31   | 01:07.76   | 01:14.66   | 01:05.11   | 02:28.99   | 01:07.58   | 01:15.93   | 01:23.81   | 01:12.51   | 02:44.83   |
| 60.75 | 01:01.35   | 01:07.81   | 01:14.72   | 01:05.16   | 02:29.10   | 01:07.63   | 01:15.99   | 01:23.87   | 01:12.56   | 02:44.95   |
| 60.5  | 01:01.40   | 01:07.86   | 01:14.77   | 01:05.21   | 02:29.21   | 01:07.68   | 01:16.04   | 01:23.94   | 01:12.61   | 02:45.07   |
| 60.25 | 01:01.44   | 01:07.91   | 01:14.83   | 01:05.26   | 02:29.32   | 01:07.73   | 01:16.10   | 01:24.00   | 01:12.67   | 02:45.20   |
| 得分    | 男 100<br>自 | 男 100<br>仰 | 男 100<br>蛙 | 男 100<br>蝶 | 男 200<br>混 | 女 100<br>自 | 女 100<br>仰 | 女 100<br>蛙 | 女 100<br>蝶 | 女 200<br>混 |
| 60    | 01:01.49   | 01:07.97   | 01:14.89   | 01:05.30   | 02:29.43   | 01:07.78   | 01:16.16   | 01:24.06   | 01:12.72   | 02:45.32   |
| 59.75 | 01:01.54   | 01:08.02   | 01:14.94   | 01:05.35   | 02:29.54   | 01:07.83   | 01:16.22   | 01:24.13   | 01:12.78   | 02:45.44   |
| 59.5  | 01:01.58   | 01:08.07   | 01:15.00   | 01:05.40   | 02:29.66   | 01:07.88   | 01:16.27   | 01:24.19   | 01:12.83   | 02:45.57   |
| 59.25 | 01:01.63   | 01:08.12   | 01:15.06   | 01:05.45   | 02:29.77   | 01:07.94   | 01:16.33   | 01:24.25   | 01:12.89   | 02:45.69   |
| 59    | 01:01.68   | 01:08.17   | 01:15.11   | 01:05.50   | 02:29.88   | 01:07.99   | 01:16.39   | 01:24.32   | 01:12.94   | 02:45.82   |
| 58.75 | 01:01.72   | 01:08.22   | 01:15.17   | 01:05.55   | 02:30.00   | 01:08.04   | 01:16.45   | 01:24.38   | 01:13.00   | 02:45.94   |
| 58.5  | 01:01.77   | 01:08.27   | 01:15.23   | 01:05.60   | 02:30.11   | 01:08.09   | 01:16.50   | 01:24.44   | 01:13.05   | 02:46.07   |
| 58.25 | 01:01.82   | 01:08.33   | 01:15.28   | 01:05.65   | 02:30.23   | 01:08.14   | 01:16.56   | 01:24.51   | 01:13.11   | 02:46.20   |
| 58    | 01:01.86   | 01:08.38   | 01:15.34   | 01:05.70   | 02:30.34   | 01:08.19   | 01:16.62   | 01:24.57   | 01:13.17   | 02:46.32   |
| 57.75 | 01:01.91   | 01:08.43   | 01:15.40   | 01:05.75   | 02:30.46   | 01:08.25   | 01:16.68   | 01:24.64   | 01:13.22   | 02:46.45   |
| 57.5  | 01:01.96   | 01:08.48   | 01:15.46   | 01:05.80   | 02:30.57   | 01:08.30   | 01:16.74   | 01:24.70   | 01:13.28   | 02:46.58   |
| 57.25 | 01:02.01   | 01:08.54   | 01:15.52   | 01:05.85   | 02:30.69   | 01:08.35   | 01:16.80   | 01:24.77   | 01:13.33   | 02:46.71   |
| 57    | 01:02.05   | 01:08.59   | 01:15.57   | 01:05.90   | 02:30.80   | 01:08.40   | 01:16.86   | 01:24.83   | 01:13.39   | 02:46.84   |

|           |            |            |            |            |            |            |            |            |            |            |
|-----------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|
| 56.75     | 01:02.10   | 01:08.64   | 01:15.63   | 01:05.95   | 02:30.92   | 01:08.46   | 01:16.92   | 01:24.90   | 01:13.45   | 02:46.96   |
| 56.5      | 01:02.15   | 01:08.70   | 01:15.69   | 01:06.01   | 02:31.04   | 01:08.51   | 01:16.98   | 01:24.96   | 01:13.50   | 02:47.09   |
| 56.25     | 01:02.20   | 01:08.75   | 01:15.75   | 01:06.06   | 02:31.15   | 01:08.56   | 01:17.04   | 01:25.03   | 01:13.56   | 02:47.22   |
| 56        | 01:02.25   | 01:08.80   | 01:15.81   | 01:06.11   | 02:31.27   | 01:08.62   | 01:17.10   | 01:25.10   | 01:13.62   | 02:47.35   |
| 55.75     | 01:02.30   | 01:08.86   | 01:15.87   | 01:06.16   | 02:31.39   | 01:08.67   | 01:17.16   | 01:25.16   | 01:13.68   | 02:47.48   |
| 55.5      | 01:02.34   | 01:08.91   | 01:15.93   | 01:06.21   | 02:31.51   | 01:08.72   | 01:17.22   | 01:25.23   | 01:13.73   | 02:47.62   |
| 55.25     | 01:02.39   | 01:08.96   | 01:15.99   | 01:06.26   | 02:31.63   | 01:08.78   | 01:17.28   | 01:25.30   | 01:13.79   | 02:47.75   |
| 55        | 01:02.44   | 01:09.02   | 01:16.05   | 01:06.32   | 02:31.75   | 01:08.83   | 01:17.34   | 01:25.36   | 01:13.85   | 02:47.88   |
| 54.75     | 01:02.49   | 01:09.07   | 01:16.11   | 01:06.37   | 02:31.87   | 01:08.89   | 01:17.40   | 01:25.43   | 01:13.91   | 02:48.01   |
| 54.5      | 01:02.54   | 01:09.13   | 01:16.17   | 01:06.42   | 02:31.98   | 01:08.94   | 01:17.46   | 01:25.50   | 01:13.97   | 02:48.14   |
| 54.25     | 01:02.59   | 01:09.18   | 01:16.23   | 01:06.47   | 02:32.11   | 01:08.99   | 01:17.52   | 01:25.57   | 01:14.02   | 02:48.28   |
| 54        | 01:02.64   | 01:09.24   | 01:16.29   | 01:06.53   | 02:32.23   | 01:09.05   | 01:17.58   | 01:25.63   | 01:14.08   | 02:48.41   |
| 53.75     | 01:02.69   | 01:09.29   | 01:16.35   | 01:06.58   | 02:32.35   | 01:09.10   | 01:17.64   | 01:25.70   | 01:14.14   | 02:48.54   |
| 53.5      | 01:02.74   | 01:09.35   | 01:16.41   | 01:06.63   | 02:32.47   | 01:09.16   | 01:17.71   | 01:25.77   | 01:14.20   | 02:48.68   |
| 53.25     | 01:02.79   | 01:09.40   | 01:16.47   | 01:06.68   | 02:32.59   | 01:09.21   | 01:17.77   | 01:25.84   | 01:14.26   | 02:48.81   |
| 53        | 01:02.84   | 01:09.46   | 01:16.53   | 01:06.74   | 02:32.71   | 01:09.27   | 01:17.83   | 01:25.91   | 01:14.32   | 02:48.95   |
| 52.75     | 01:02.89   | 01:09.51   | 01:16.59   | 01:06.79   | 02:32.83   | 01:09.33   | 01:17.89   | 01:25.98   | 01:14.38   | 02:49.08   |
| 52.5      | 01:02.94   | 01:09.57   | 01:16.65   | 01:06.85   | 02:32.96   | 01:09.38   | 01:17.95   | 01:26.05   | 01:14.44   | 02:49.22   |
| 52.25     | 01:02.99   | 01:09.63   | 01:16.72   | 01:06.90   | 02:33.08   | 01:09.44   | 01:18.02   | 01:26.11   | 01:14.50   | 02:49.36   |
| 52        | 01:03.04   | 01:09.68   | 01:16.78   | 01:06.95   | 02:33.20   | 01:09.49   | 01:18.08   | 01:26.18   | 01:14.56   | 02:49.49   |
| 51.75     | 01:03.09   | 01:09.74   | 01:16.84   | 01:07.01   | 02:33.33   | 01:09.55   | 01:18.14   | 01:26.25   | 01:14.62   | 02:49.63   |
| 51.5      | 01:03.14   | 01:09.79   | 01:16.90   | 01:07.06   | 02:33.45   | 01:09.61   | 01:18.21   | 01:26.32   | 01:14.68   | 02:49.77   |
| 51.25     | 01:03.20   | 01:09.85   | 01:16.96   | 01:07.12   | 02:33.58   | 01:09.66   | 01:18.27   | 01:26.39   | 01:14.74   | 02:49.91   |
| 51        | 01:03.25   | 01:09.91   | 01:17.03   | 01:07.17   | 02:33.70   | 01:09.72   | 01:18.34   | 01:26.47   | 01:14.80   | 02:50.05   |
| 50.75     | 01:03.30   | 01:09.97   | 01:17.09   | 01:07.23   | 02:33.83   | 01:09.78   | 01:18.40   | 01:26.54   | 01:14.86   | 02:50.18   |
| 50.5      | 01:03.35   | 01:10.02   | 01:17.15   | 01:07.28   | 02:33.96   | 01:09.83   | 01:18.46   | 01:26.61   | 01:14.93   | 02:50.32   |
| 50.25     | 01:03.40   | 01:10.08   | 01:17.22   | 01:07.34   | 02:34.08   | 01:09.89   | 01:18.53   | 01:26.68   | 01:14.99   | 02:50.46   |
| <b>得分</b> | 男 100<br>自 | 男 100<br>仰 | 男 100<br>蛙 | 男 100<br>蝶 | 男 200<br>混 | 女 100<br>自 | 女 100<br>仰 | 女 100<br>蛙 | 女 100<br>蝶 | 女 200<br>混 |
| 50        | 01:03.46   | 01:10.14   | 01:17.28   | 01:07.39   | 02:34.21   | 01:09.95   | 01:18.59   | 01:26.75   | 01:15.05   | 02:50.60   |
| 49.75     | 01:03.51   | 01:10.20   | 01:17.34   | 01:07.45   | 02:34.34   | 01:10.01   | 01:18.66   | 01:26.82   | 01:15.11   | 02:50.75   |
| 49.5      | 01:03.56   | 01:10.25   | 01:17.41   | 01:07.50   | 02:34.46   | 01:10.06   | 01:18.72   | 01:26.89   | 01:15.17   | 02:50.89   |
| 49.25     | 01:03.61   | 01:10.31   | 01:17.47   | 01:07.56   | 02:34.59   | 01:10.12   | 01:18.79   | 01:26.97   | 01:15.24   | 02:51.03   |
| 49        | 01:03.67   | 01:10.37   | 01:17.54   | 01:07.62   | 02:34.72   | 01:10.18   | 01:18.85   | 01:27.04   | 01:15.30   | 02:51.17   |
| 48.75     | 01:03.72   | 01:10.43   | 01:17.60   | 01:07.67   | 02:34.85   | 01:10.24   | 01:18.92   | 01:27.11   | 01:15.36   | 02:51.31   |
| 48.5      | 01:03.77   | 01:10.49   | 01:17.67   | 01:07.73   | 02:34.98   | 01:10.30   | 01:18.99   | 01:27.18   | 01:15.42   | 02:51.46   |
| 48.25     | 01:03.83   | 01:10.55   | 01:17.73   | 01:07.79   | 02:35.11   | 01:10.36   | 01:19.05   | 01:27.26   | 01:15.49   | 02:51.60   |

|       |            |            |            |            |            |            |            |            |            |            |
|-------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|
| 48    | 01:03.88   | 01:10.61   | 01:17.80   | 01:07.84   | 02:35.24   | 01:10.42   | 01:19.12   | 01:27.33   | 01:15.55   | 02:51.75   |
| 47.75 | 01:03.93   | 01:10.67   | 01:17.86   | 01:07.90   | 02:35.37   | 01:10.48   | 01:19.19   | 01:27.40   | 01:15.61   | 02:51.89   |
| 47.5  | 01:03.99   | 01:10.73   | 01:17.93   | 01:07.96   | 02:35.50   | 01:10.54   | 01:19.25   | 01:27.48   | 01:15.68   | 02:52.04   |
| 47.25 | 01:04.04   | 01:10.79   | 01:17.99   | 01:08.02   | 02:35.64   | 01:10.60   | 01:19.32   | 01:27.55   | 01:15.74   | 02:52.18   |
| 47    | 01:04.10   | 01:10.85   | 01:18.06   | 01:08.07   | 02:35.77   | 01:10.66   | 01:19.39   | 01:27.63   | 01:15.81   | 02:52.33   |
| 46.75 | 01:04.15   | 01:10.91   | 01:18.13   | 01:08.13   | 02:35.90   | 01:10.72   | 01:19.45   | 01:27.70   | 01:15.87   | 02:52.47   |
| 46.5  | 01:04.21   | 01:10.97   | 01:18.19   | 01:08.19   | 02:36.03   | 01:10.78   | 01:19.52   | 01:27.78   | 01:15.94   | 02:52.62   |
| 46.25 | 01:04.26   | 01:11.03   | 01:18.26   | 01:08.25   | 02:36.17   | 01:10.84   | 01:19.59   | 01:27.85   | 01:16.00   | 02:52.77   |
| 46    | 01:04.32   | 01:11.09   | 01:18.33   | 01:08.31   | 02:36.30   | 01:10.90   | 01:19.66   | 01:27.93   | 01:16.07   | 02:52.92   |
| 45.75 | 01:04.37   | 01:11.15   | 01:18.40   | 01:08.36   | 02:36.44   | 01:10.96   | 01:19.73   | 01:28.00   | 01:16.13   | 02:53.07   |
| 45.5  | 01:04.43   | 01:11.21   | 01:18.46   | 01:08.42   | 02:36.57   | 01:11.02   | 01:19.80   | 01:28.08   | 01:16.20   | 02:53.22   |
| 45.25 | 01:04.48   | 01:11.27   | 01:18.53   | 01:08.48   | 02:36.71   | 01:11.08   | 01:19.86   | 01:28.15   | 01:16.26   | 02:53.37   |
| 45    | 01:04.54   | 01:11.34   | 01:18.60   | 01:08.54   | 02:36.84   | 01:11.14   | 01:19.93   | 01:28.23   | 01:16.33   | 02:53.52   |
| 44.75 | 01:04.60   | 01:11.40   | 01:18.67   | 01:08.60   | 02:36.98   | 01:11.20   | 01:20.00   | 01:28.31   | 01:16.40   | 02:53.67   |
| 44.5  | 01:04.65   | 01:11.46   | 01:18.74   | 01:08.66   | 02:37.11   | 01:11.27   | 01:20.07   | 01:28.38   | 01:16.46   | 02:53.82   |
| 44.25 | 01:04.71   | 01:11.52   | 01:18.81   | 01:08.72   | 02:37.25   | 01:11.33   | 01:20.14   | 01:28.46   | 01:16.53   | 02:53.97   |
| 44    | 01:04.76   | 01:11.58   | 01:18.87   | 01:08.78   | 02:37.39   | 01:11.39   | 01:20.21   | 01:28.54   | 01:16.60   | 02:54.12   |
| 43.75 | 01:04.82   | 01:11.65   | 01:18.94   | 01:08.84   | 02:37.53   | 01:11.45   | 01:20.28   | 01:28.62   | 01:16.66   | 02:54.28   |
| 43.5  | 01:04.88   | 01:11.71   | 01:19.01   | 01:08.90   | 02:37.67   | 01:11.52   | 01:20.35   | 01:28.69   | 01:16.73   | 02:54.43   |
| 43.25 | 01:04.94   | 01:11.77   | 01:19.08   | 01:08.96   | 02:37.81   | 01:11.58   | 01:20.43   | 01:28.77   | 01:16.80   | 02:54.58   |
| 43    | 01:04.99   | 01:11.84   | 01:19.15   | 01:09.03   | 02:37.95   | 01:11.64   | 01:20.50   | 01:28.85   | 01:16.87   | 02:54.74   |
| 42.75 | 01:05.05   | 01:11.90   | 01:19.22   | 01:09.09   | 02:38.09   | 01:11.71   | 01:20.57   | 01:28.93   | 01:16.94   | 02:54.89   |
| 42.5  | 01:05.11   | 01:11.97   | 01:19.29   | 01:09.15   | 02:38.23   | 01:11.77   | 01:20.64   | 01:29.01   | 01:17.00   | 02:55.05   |
| 42.25 | 01:05.17   | 01:12.03   | 01:19.36   | 01:09.21   | 02:38.37   | 01:11.84   | 01:20.71   | 01:29.09   | 01:17.07   | 02:55.21   |
| 42    | 01:05.23   | 01:12.09   | 01:19.44   | 01:09.27   | 02:38.51   | 01:11.90   | 01:20.78   | 01:29.17   | 01:17.14   | 02:55.36   |
| 41.75 | 01:05.28   | 01:12.16   | 01:19.51   | 01:09.33   | 02:38.65   | 01:11.96   | 01:20.86   | 01:29.25   | 01:17.21   | 02:55.52   |
| 41.5  | 01:05.34   | 01:12.22   | 01:19.58   | 01:09.40   | 02:38.80   | 01:12.03   | 01:20.93   | 01:29.33   | 01:17.28   | 02:55.68   |
| 41.25 | 01:05.40   | 01:12.29   | 01:19.65   | 01:09.46   | 02:38.94   | 01:12.09   | 01:21.00   | 01:29.41   | 01:17.35   | 02:55.84   |
| 41    | 01:05.46   | 01:12.35   | 01:19.72   | 01:09.52   | 02:39.08   | 01:12.16   | 01:21.08   | 01:29.49   | 01:17.42   | 02:56.00   |
| 40.75 | 01:05.52   | 01:12.42   | 01:19.79   | 01:09.58   | 02:39.23   | 01:12.22   | 01:21.15   | 01:29.57   | 01:17.49   | 02:56.16   |
| 40.5  | 01:05.58   | 01:12.49   | 01:19.87   | 01:09.65   | 02:39.37   | 01:12.29   | 01:21.22   | 01:29.65   | 01:17.56   | 02:56.32   |
| 40.25 | 01:05.64   | 01:12.55   | 01:19.94   | 01:09.71   | 02:39.52   | 01:12.36   | 01:21.30   | 01:29.74   | 01:17.63   | 02:56.48   |
| 得分    | 男 100<br>自 | 男 100<br>仰 | 男 100<br>蛙 | 男 100<br>蝶 | 男 200<br>混 | 女 100<br>自 | 女 100<br>仰 | 女 100<br>蛙 | 女 100<br>蝶 | 女 200<br>混 |
| 40    | 01:05.70   | 01:12.62   | 01:20.01   | 01:09.78   | 02:39.66   | 01:12.42   | 01:21.37   | 01:29.82   | 01:17.70   | 02:56.64   |
| 39.75 | 01:05.76   | 01:12.69   | 01:20.09   | 01:09.84   | 02:39.81   | 01:12.49   | 01:21.45   | 01:29.90   | 01:17.77   | 02:56.80   |
| 39.5  | 01:05.82   | 01:12.75   | 01:20.16   | 01:09.90   | 02:39.96   | 01:12.56   | 01:21.52   | 01:29.98   | 01:17.85   | 02:56.96   |

|       |          |          |          |          |          |          |          |          |          |          |
|-------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| 39.25 | 01:05.88 | 01:12.82 | 01:20.23 | 01:09.97 | 02:40.10 | 01:12.62 | 01:21.60 | 01:30.07 | 01:17.92 | 02:57.13 |
| 39    | 01:05.94 | 01:12.89 | 01:20.31 | 01:10.03 | 02:40.25 | 01:12.69 | 01:21.67 | 01:30.15 | 01:17.99 | 02:57.29 |
| 38.75 | 01:06.00 | 01:12.95 | 01:20.38 | 01:10.10 | 02:40.40 | 01:12.76 | 01:21.75 | 01:30.23 | 01:18.06 | 02:57.45 |
| 38.5  | 01:06.06 | 01:13.02 | 01:20.46 | 01:10.16 | 02:40.55 | 01:12.82 | 01:21.82 | 01:30.32 | 01:18.13 | 02:57.62 |
| 38.25 | 01:06.13 | 01:13.09 | 01:20.53 | 01:10.23 | 02:40.70 | 01:12.89 | 01:21.90 | 01:30.40 | 01:18.21 | 02:57.78 |
| 38    | 01:06.19 | 01:13.16 | 01:20.61 | 01:10.29 | 02:40.85 | 01:12.96 | 01:21.98 | 01:30.49 | 01:18.28 | 02:57.95 |
| 37.75 | 01:06.25 | 01:13.23 | 01:20.68 | 01:10.36 | 02:41.00 | 01:13.03 | 01:22.05 | 01:30.57 | 01:18.35 | 02:58.12 |
| 37.5  | 01:06.31 | 01:13.30 | 01:20.76 | 01:10.43 | 02:41.15 | 01:13.10 | 01:22.13 | 01:30.66 | 01:18.43 | 02:58.29 |
| 37.25 | 01:06.38 | 01:13.37 | 01:20.84 | 01:10.49 | 02:41.30 | 01:13.17 | 01:22.21 | 01:30.74 | 01:18.50 | 02:58.45 |
| 37    | 01:06.44 | 01:13.43 | 01:20.91 | 01:10.56 | 02:41.46 | 01:13.24 | 01:22.29 | 01:30.83 | 01:18.58 | 02:58.62 |
| 36.75 | 01:06.50 | 01:13.50 | 01:20.99 | 01:10.63 | 02:41.61 | 01:13.31 | 01:22.36 | 01:30.91 | 01:18.65 | 02:58.79 |
| 36.5  | 01:06.56 | 01:13.57 | 01:21.07 | 01:10.69 | 02:41.76 | 01:13.38 | 01:22.44 | 01:31.00 | 01:18.73 | 02:58.96 |
| 36.25 | 01:06.63 | 01:13.64 | 01:21.14 | 01:10.76 | 02:41.92 | 01:13.45 | 01:22.52 | 01:31.09 | 01:18.80 | 02:59.13 |
| 36    | 01:06.69 | 01:13.71 | 01:21.22 | 01:10.83 | 02:42.07 | 01:13.52 | 01:22.60 | 01:31.17 | 01:18.88 | 02:59.30 |
| 35.75 | 01:06.76 | 01:13.79 | 01:21.30 | 01:10.90 | 02:42.23 | 01:13.59 | 01:22.68 | 01:31.26 | 01:18.95 | 02:59.48 |
| 35.5  | 01:06.82 | 01:13.86 | 01:21.38 | 01:10.97 | 02:42.39 | 01:13.66 | 01:22.76 | 01:31.35 | 01:19.03 | 02:59.65 |
| 35.25 | 01:06.88 | 01:13.93 | 01:21.46 | 01:11.03 | 02:42.54 | 01:13.73 | 01:22.84 | 01:31.44 | 01:19.10 | 02:59.82 |
| 35    | 01:06.95 | 01:14.00 | 01:21.54 | 01:11.10 | 02:42.70 | 01:13.80 | 01:22.92 | 01:31.53 | 01:19.18 | 03:00.00 |
| 34.75 | 01:07.01 | 01:14.07 | 01:21.61 | 01:11.17 | 02:42.86 | 01:13.87 | 01:23.00 | 01:31.61 | 01:19.26 | 03:00.17 |
| 34.5  | 01:07.08 | 01:14.14 | 01:21.69 | 01:11.24 | 02:43.02 | 01:13.94 | 01:23.08 | 01:31.70 | 01:19.33 | 03:00.35 |
| 34.25 | 01:07.15 | 01:14.22 | 01:21.77 | 01:11.31 | 02:43.17 | 01:14.02 | 01:23.16 | 01:31.79 | 01:19.41 | 03:00.52 |
| 34    | 01:07.21 | 01:14.29 | 01:21.85 | 01:11.38 | 02:43.33 | 01:14.09 | 01:23.24 | 01:31.88 | 01:19.49 | 03:00.70 |
| 33.75 | 01:07.28 | 01:14.36 | 01:21.93 | 01:11.45 | 02:43.50 | 01:14.16 | 01:23.33 | 01:31.97 | 01:19.57 | 03:00.88 |
| 33.5  | 01:07.34 | 01:14.43 | 01:22.01 | 01:11.52 | 02:43.66 | 01:14.23 | 01:23.41 | 01:32.06 | 01:19.65 | 03:01.06 |
| 33.25 | 01:07.41 | 01:14.51 | 01:22.10 | 01:11.59 | 02:43.82 | 01:14.31 | 01:23.49 | 01:32.15 | 01:19.72 | 03:01.23 |
| 33    | 01:07.48 | 01:14.58 | 01:22.18 | 01:11.66 | 02:43.98 | 01:14.38 | 01:23.57 | 01:32.25 | 01:19.80 | 03:01.41 |
| 32.75 | 01:07.54 | 01:14.66 | 01:22.26 | 01:11.73 | 02:44.14 | 01:14.45 | 01:23.66 | 01:32.34 | 01:19.88 | 03:01.59 |
| 32.5  | 01:07.61 | 01:14.73 | 01:22.34 | 01:11.81 | 02:44.31 | 01:14.53 | 01:23.74 | 01:32.43 | 01:19.96 | 03:01.78 |
| 32.25 | 01:07.68 | 01:14.81 | 01:22.42 | 01:11.88 | 02:44.47 | 01:14.60 | 01:23.82 | 01:32.52 | 01:20.04 | 03:01.96 |
| 32    | 01:07.75 | 01:14.88 | 01:22.51 | 01:11.95 | 02:44.64 | 01:14.68 | 01:23.91 | 01:32.62 | 01:20.12 | 03:02.14 |
| 31.75 | 01:07.81 | 01:14.96 | 01:22.59 | 01:12.02 | 02:44.80 | 01:14.75 | 01:23.99 | 01:32.71 | 01:20.20 | 03:02.32 |
| 31.5  | 01:07.88 | 01:15.03 | 01:22.67 | 01:12.09 | 02:44.97 | 01:14.83 | 01:24.08 | 01:32.80 | 01:20.28 | 03:02.51 |
| 31.25 | 01:07.95 | 01:15.11 | 01:22.76 | 01:12.17 | 02:45.14 | 01:14.90 | 01:24.16 | 01:32.90 | 01:20.37 | 03:02.69 |
| 31    | 01:08.02 | 01:15.18 | 01:22.84 | 01:12.24 | 02:45.30 | 01:14.98 | 01:24.25 | 01:32.99 | 01:20.45 | 03:02.88 |
| 30.75 | 01:08.09 | 01:15.26 | 01:22.92 | 01:12.31 | 02:45.47 | 01:15.06 | 01:24.33 | 01:33.08 | 01:20.53 | 03:03.06 |
| 30.5  | 01:08.16 | 01:15.34 | 01:23.01 | 01:12.39 | 02:45.64 | 01:15.13 | 01:24.42 | 01:33.18 | 01:20.61 | 03:03.25 |
| 30.25 | 01:08.23 | 01:15.41 | 01:23.09 | 01:12.46 | 02:45.81 | 01:15.21 | 01:24.50 | 01:33.28 | 01:20.69 | 03:03.44 |

| 得分    | 男 100<br>自 | 男 100<br>仰 | 男 100<br>蛙 | 男 100<br>蝶 | 男 200<br>混 | 女 100<br>自 | 女 100<br>仰 | 女 100<br>蛙 | 女 100<br>蝶 | 女 200<br>混 |
|-------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|
| 30    | 01:08.30   | 01:15.49   | 01:23.18   | 01:12.54   | 02:45.98   | 01:15.29   | 01:24.59   | 01:33.37   | 01:20.78   | 03:03.63   |
| 29.75 | 01:08.37   | 01:15.57   | 01:23.27   | 01:12.61   | 02:46.15   | 01:15.37   | 01:24.68   | 01:33.47   | 01:20.86   | 03:03.82   |
| 29.5  | 01:08.44   | 01:15.65   | 01:23.35   | 01:12.69   | 02:46.32   | 01:15.44   | 01:24.77   | 01:33.56   | 01:20.94   | 03:04.01   |
| 29.25 | 01:08.51   | 01:15.73   | 01:23.44   | 01:12.76   | 02:46.50   | 01:15.52   | 01:24.85   | 01:33.66   | 01:21.03   | 03:04.20   |
| 29    | 01:08.58   | 01:15.81   | 01:23.52   | 01:12.84   | 02:46.67   | 01:15.60   | 01:24.94   | 01:33.76   | 01:21.11   | 03:04.39   |
| 28.75 | 01:08.65   | 01:15.88   | 01:23.61   | 01:12.91   | 02:46.84   | 01:15.68   | 01:25.03   | 01:33.86   | 01:21.20   | 03:04.58   |
| 28.5  | 01:08.73   | 01:15.96   | 01:23.70   | 01:12.99   | 02:47.02   | 01:15.76   | 01:25.12   | 01:33.95   | 01:21.28   | 03:04.77   |
| 28.25 | 01:08.80   | 01:16.04   | 01:23.79   | 01:13.07   | 02:47.19   | 01:15.84   | 01:25.21   | 01:34.05   | 01:21.37   | 03:04.97   |
| 28    | 01:08.87   | 01:16.12   | 01:23.88   | 01:13.14   | 02:47.37   | 01:15.92   | 01:25.30   | 01:34.15   | 01:21.45   | 03:05.16   |
| 27.75 | 01:08.94   | 01:16.20   | 01:23.96   | 01:13.22   | 02:47.55   | 01:16.00   | 01:25.39   | 01:34.25   | 01:21.54   | 03:05.36   |
| 27.5  | 01:09.02   | 01:16.28   | 01:24.05   | 01:13.30   | 02:47.72   | 01:16.08   | 01:25.48   | 01:34.35   | 01:21.63   | 03:05.56   |
| 27.25 | 01:09.09   | 01:16.37   | 01:24.14   | 01:13.38   | 02:47.90   | 01:16.16   | 01:25.57   | 01:34.45   | 01:21.71   | 03:05.75   |
| 27    | 01:09.16   | 01:16.45   | 01:24.23   | 01:13.45   | 02:48.08   | 01:16.24   | 01:25.66   | 01:34.55   | 01:21.80   | 03:05.95   |
| 26.75 | 01:09.24   | 01:16.53   | 01:24.32   | 01:13.53   | 02:48.26   | 01:16.32   | 01:25.75   | 01:34.65   | 01:21.89   | 03:06.15   |
| 26.5  | 01:09.31   | 01:16.61   | 01:24.41   | 01:13.61   | 02:48.44   | 01:16.40   | 01:25.85   | 01:34.76   | 01:21.98   | 03:06.35   |
| 26.25 | 01:09.39   | 01:16.69   | 01:24.50   | 01:13.69   | 02:48.62   | 01:16.49   | 01:25.94   | 01:34.86   | 01:22.06   | 03:06.55   |
| 26    | 01:09.46   | 01:16.78   | 01:24.60   | 01:13.77   | 02:48.81   | 01:16.57   | 01:26.03   | 01:34.96   | 01:22.15   | 03:06.75   |
| 25.75 | 01:09.54   | 01:16.86   | 01:24.69   | 01:13.85   | 02:48.99   | 01:16.65   | 01:26.13   | 01:35.06   | 01:22.24   | 03:06.96   |
| 25.5  | 01:09.61   | 01:16.94   | 01:24.78   | 01:13.93   | 02:49.17   | 01:16.74   | 01:26.22   | 01:35.17   | 01:22.33   | 03:07.16   |
| 25.25 | 01:09.69   | 01:17.03   | 01:24.87   | 01:14.01   | 02:49.36   | 01:16.82   | 01:26.31   | 01:35.27   | 01:22.42   | 03:07.36   |
| 25    | 01:09.77   | 01:17.11   | 01:24.96   | 01:14.09   | 02:49.54   | 01:16.90   | 01:26.41   | 01:35.38   | 01:22.51   | 03:07.57   |
| 24.75 | 01:09.84   | 01:17.20   | 01:25.06   | 01:14.17   | 02:49.73   | 01:16.99   | 01:26.50   | 01:35.48   | 01:22.60   | 03:07.77   |
| 24.5  | 01:09.92   | 01:17.28   | 01:25.15   | 01:14.26   | 02:49.92   | 01:17.07   | 01:26.60   | 01:35.59   | 01:22.69   | 03:07.98   |
| 24.25 | 01:10.00   | 01:17.37   | 01:25.25   | 01:14.34   | 02:50.10   | 01:17.16   | 01:26.69   | 01:35.69   | 01:22.78   | 03:08.19   |
| 24    | 01:10.07   | 01:17.45   | 01:25.34   | 01:14.42   | 02:50.29   | 01:17.24   | 01:26.79   | 01:35.80   | 01:22.88   | 03:08.40   |
| 23.75 | 01:10.15   | 01:17.54   | 01:25.44   | 01:14.50   | 02:50.48   | 01:17.33   | 01:26.89   | 01:35.90   | 01:22.97   | 03:08.61   |
| 23.5  | 01:10.23   | 01:17.63   | 01:25.53   | 01:14.59   | 02:50.67   | 01:17.42   | 01:26.98   | 01:36.01   | 01:23.06   | 03:08.82   |
| 23.25 | 01:10.31   | 01:17.71   | 01:25.63   | 01:14.67   | 02:50.86   | 01:17.50   | 01:27.08   | 01:36.12   | 01:23.15   | 03:09.03   |
| 23    | 01:10.39   | 01:17.80   | 01:25.72   | 01:14.75   | 02:51.06   | 01:17.59   | 01:27.18   | 01:36.23   | 01:23.25   | 03:09.24   |
| 22.75 | 01:10.47   | 01:17.89   | 01:25.82   | 01:14.84   | 02:51.25   | 01:17.68   | 01:27.28   | 01:36.34   | 01:23.34   | 03:09.46   |
| 22.5  | 01:10.55   | 01:17.98   | 01:25.92   | 01:14.92   | 02:51.44   | 01:17.77   | 01:27.38   | 01:36.44   | 01:23.44   | 03:09.67   |
| 22.25 | 01:10.63   | 01:18.07   | 01:26.02   | 01:15.01   | 02:51.64   | 01:17.85   | 01:27.48   | 01:36.55   | 01:23.53   | 03:09.89   |
| 22    | 01:10.71   | 01:18.15   | 01:26.11   | 01:15.09   | 02:51.83   | 01:17.94   | 01:27.58   | 01:36.66   | 01:23.63   | 03:10.10   |
| 21.75 | 01:10.79   | 01:18.24   | 01:26.21   | 01:15.18   | 02:52.03   | 01:18.03   | 01:27.68   | 01:36.78   | 01:23.72   | 03:10.32   |
| 21.5  | 01:10.87   | 01:18.33   | 01:26.31   | 01:15.27   | 02:52.23   | 01:18.12   | 01:27.78   | 01:36.89   | 01:23.82   | 03:10.54   |

|       |            |            |            |            |            |            |            |            |            |            |
|-------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|
| 21.25 | 01:10.95   | 01:18.42   | 01:26.41   | 01:15.35   | 02:52.43   | 01:18.21   | 01:27.88   | 01:37.00   | 01:23.91   | 03:10.76   |
| 21    | 01:11.03   | 01:18.51   | 01:26.51   | 01:15.44   | 02:52.63   | 01:18.30   | 01:27.98   | 01:37.11   | 01:24.01   | 03:10.98   |
| 20.75 | 01:11.12   | 01:18.61   | 01:26.61   | 01:15.53   | 02:52.83   | 01:18.39   | 01:28.08   | 01:37.22   | 01:24.11   | 03:11.20   |
| 20.5  | 01:11.20   | 01:18.70   | 01:26.71   | 01:15.62   | 02:53.03   | 01:18.48   | 01:28.18   | 01:37.34   | 01:24.21   | 03:11.42   |
| 20.25 | 01:11.28   | 01:18.79   | 01:26.81   | 01:15.70   | 02:53.23   | 01:18.58   | 01:28.29   | 01:37.45   | 01:24.31   | 03:11.65   |
| 得分    | 男 100<br>自 | 男 100<br>仰 | 男 100<br>蛙 | 男 100<br>蝶 | 男 200<br>混 | 女 100<br>自 | 女 100<br>仰 | 女 100<br>蛙 | 女 100<br>蝶 | 女 200<br>混 |
| 20    | 01:11.37   | 01:18.88   | 01:26.91   | 01:15.79   | 02:53.43   | 01:18.67   | 01:28.39   | 01:37.56   | 01:24.40   | 03:11.87   |
| 19.75 | 01:11.45   | 01:18.97   | 01:27.02   | 01:15.88   | 02:53.64   | 01:18.76   | 01:28.49   | 01:37.68   | 01:24.50   | 03:12.10   |
| 19.5  | 01:11.53   | 01:19.07   | 01:27.12   | 01:15.97   | 02:53.84   | 01:18.85   | 01:28.60   | 01:37.79   | 01:24.60   | 03:12.32   |
| 19.25 | 01:11.62   | 01:19.16   | 01:27.22   | 01:16.06   | 02:54.05   | 01:18.95   | 01:28.70   | 01:37.91   | 01:24.70   | 03:12.55   |
| 19    | 01:11.70   | 01:19.26   | 01:27.33   | 01:16.15   | 02:54.26   | 01:19.04   | 01:28.81   | 01:38.03   | 01:24.80   | 03:12.78   |
| 18.75 | 01:11.79   | 01:19.35   | 01:27.43   | 01:16.24   | 02:54.46   | 01:19.14   | 01:28.91   | 01:38.14   | 01:24.91   | 03:13.01   |
| 18.5  | 01:11.88   | 01:19.45   | 01:27.54   | 01:16.33   | 02:54.67   | 01:19.23   | 01:29.02   | 01:38.26   | 01:25.01   | 03:13.24   |
| 18.25 | 01:11.96   | 01:19.54   | 01:27.64   | 01:16.43   | 02:54.88   | 01:19.33   | 01:29.13   | 01:38.38   | 01:25.11   | 03:13.47   |
| 18    | 01:12.05   | 01:19.64   | 01:27.75   | 01:16.52   | 02:55.09   | 01:19.42   | 01:29.24   | 01:38.50   | 01:25.21   | 03:13.71   |
| 17.75 | 01:12.14   | 01:19.73   | 01:27.85   | 01:16.61   | 02:55.30   | 01:19.52   | 01:29.34   | 01:38.62   | 01:25.32   | 03:13.94   |
| 17.5  | 01:12.22   | 01:19.83   | 01:27.96   | 01:16.70   | 02:55.52   | 01:19.61   | 01:29.45   | 01:38.74   | 01:25.42   | 03:14.18   |
| 17.25 | 01:12.31   | 01:19.93   | 01:28.07   | 01:16.80   | 02:55.73   | 01:19.71   | 01:29.56   | 01:38.86   | 01:25.52   | 03:14.41   |
| 17    | 01:12.40   | 01:20.03   | 01:28.17   | 01:16.89   | 02:55.95   | 01:19.81   | 01:29.67   | 01:38.98   | 01:25.63   | 03:14.65   |
| 16.75 | 01:12.49   | 01:20.12   | 01:28.28   | 01:16.99   | 02:56.16   | 01:19.91   | 01:29.78   | 01:39.10   | 01:25.73   | 03:14.89   |
| 16.5  | 01:12.58   | 01:20.22   | 01:28.39   | 01:17.08   | 02:56.38   | 01:20.01   | 01:29.89   | 01:39.22   | 01:25.84   | 03:15.13   |
| 16.25 | 01:12.67   | 01:20.32   | 01:28.50   | 01:17.18   | 02:56.60   | 01:20.10   | 01:30.00   | 01:39.34   | 01:25.94   | 03:15.37   |
| 16    | 01:12.76   | 01:20.42   | 01:28.61   | 01:17.27   | 02:56.82   | 01:20.20   | 01:30.12   | 01:39.47   | 01:26.05   | 03:15.62   |
| 15.75 | 01:12.85   | 01:20.52   | 01:28.72   | 01:17.37   | 02:57.04   | 01:20.30   | 01:30.23   | 01:39.59   | 01:26.16   | 03:15.86   |
| 15.5  | 01:12.94   | 01:20.62   | 01:28.83   | 01:17.47   | 02:57.26   | 01:20.40   | 01:30.34   | 01:39.72   | 01:26.27   | 03:16.11   |
| 15.25 | 01:13.03   | 01:20.72   | 01:28.94   | 01:17.56   | 02:57.48   | 01:20.51   | 01:30.45   | 01:39.84   | 01:26.37   | 03:16.35   |
| 15    | 01:13.12   | 01:20.83   | 01:29.06   | 01:17.66   | 02:57.71   | 01:20.61   | 01:30.57   | 01:39.97   | 01:26.48   | 03:16.60   |
| 14.75 | 01:13.22   | 01:20.93   | 01:29.17   | 01:17.76   | 02:57.93   | 01:20.71   | 01:30.68   | 01:40.09   | 01:26.59   | 03:16.85   |
| 14.5  | 01:13.31   | 01:21.03   | 01:29.28   | 01:17.86   | 02:58.16   | 01:20.81   | 01:30.80   | 01:40.22   | 01:26.70   | 03:17.10   |
| 14.25 | 01:13.40   | 01:21.13   | 01:29.40   | 01:17.96   | 02:58.38   | 01:20.91   | 01:30.91   | 01:40.35   | 01:26.81   | 03:17.35   |
| 14    | 01:13.50   | 01:21.24   | 01:29.51   | 01:18.06   | 02:58.61   | 01:21.02   | 01:31.03   | 01:40.48   | 01:26.93   | 03:17.60   |
| 13.75 | 01:13.59   | 01:21.34   | 01:29.63   | 01:18.16   | 02:58.84   | 01:21.12   | 01:31.15   | 01:40.61   | 01:27.04   | 03:17.86   |
| 13.5  | 01:13.69   | 01:21.45   | 01:29.74   | 01:18.26   | 02:59.07   | 01:21.23   | 01:31.26   | 01:40.74   | 01:27.15   | 03:18.11   |
| 13.25 | 01:13.78   | 01:21.55   | 01:29.86   | 01:18.36   | 02:59.31   | 01:21.33   | 01:31.38   | 01:40.87   | 01:27.26   | 03:18.37   |
| 13    | 01:13.88   | 01:21.66   | 01:29.97   | 01:18.46   | 02:59.54   | 01:21.44   | 01:31.50   | 01:41.00   | 01:27.38   | 03:18.63   |
| 12.75 | 01:13.98   | 01:21.77   | 01:30.09   | 01:18.56   | 02:59.77   | 01:21.54   | 01:31.62   | 01:41.13   | 01:27.49   | 03:18.89   |

|           |            |            |            |            |            |            |            |            |            |            |
|-----------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|
| 12.5      | 01:14.07   | 01:21.87   | 01:30.21   | 01:18.67   | 03:00.01   | 01:21.65   | 01:31.74   | 01:41.26   | 01:27.60   | 03:19.15   |
| 12.25     | 01:14.17   | 01:21.98   | 01:30.33   | 01:18.77   | 03:00.25   | 01:21.76   | 01:31.86   | 01:41.40   | 01:27.72   | 03:19.41   |
| 12        | 01:14.27   | 01:22.09   | 01:30.45   | 01:18.87   | 03:00.48   | 01:21.87   | 01:31.98   | 01:41.53   | 01:27.84   | 03:19.67   |
| 11.75     | 01:14.37   | 01:22.20   | 01:30.57   | 01:18.98   | 03:00.72   | 01:21.98   | 01:32.11   | 01:41.66   | 01:27.95   | 03:19.94   |
| 11.5      | 01:14.46   | 01:22.31   | 01:30.69   | 01:19.08   | 03:00.96   | 01:22.08   | 01:32.23   | 01:41.80   | 01:28.07   | 03:20.20   |
| 11.25     | 01:14.56   | 01:22.42   | 01:30.81   | 01:19.19   | 03:01.21   | 01:22.19   | 01:32.35   | 01:41.94   | 01:28.19   | 03:20.47   |
| 11        | 01:14.66   | 01:22.53   | 01:30.93   | 01:19.30   | 03:01.45   | 01:22.30   | 01:32.48   | 01:42.07   | 01:28.31   | 03:20.74   |
| 10.75     | 01:14.77   | 01:22.64   | 01:31.05   | 01:19.40   | 03:01.69   | 01:22.42   | 01:32.60   | 01:42.21   | 01:28.42   | 03:21.01   |
| 10.5      | 01:14.87   | 01:22.75   | 01:31.18   | 01:19.51   | 03:01.94   | 01:22.53   | 01:32.73   | 01:42.35   | 01:28.54   | 03:21.28   |
| 10.25     | 01:14.97   | 01:22.86   | 01:31.30   | 01:19.62   | 03:02.19   | 01:22.64   | 01:32.85   | 01:42.49   | 01:28.66   | 03:21.56   |
| <b>得分</b> | 男 100<br>自 | 男 100<br>仰 | 男 100<br>蛙 | 男 100<br>蝶 | 男 200<br>混 | 女 100<br>自 | 女 100<br>仰 | 女 100<br>蛙 | 女 100<br>蝶 | 女 200<br>混 |
| 10        | 01:15.07   | 01:22.98   | 01:31.43   | 01:19.73   | 03:02.44   | 01:22.75   | 01:32.98   | 01:42.63   | 01:28.79   | 03:21.83   |
| 9.75      | 01:15.17   | 01:23.09   | 01:31.55   | 01:19.84   | 03:02.68   | 01:22.87   | 01:33.11   | 01:42.77   | 01:28.91   | 03:22.11   |
| 9.5       | 01:15.28   | 01:23.20   | 01:31.68   | 01:19.95   | 03:02.94   | 01:22.98   | 01:33.23   | 01:42.91   | 01:29.03   | 03:22.39   |
| 9.25      | 01:15.38   | 01:23.32   | 01:31.80   | 01:20.06   | 03:03.19   | 01:23.09   | 01:33.36   | 01:43.05   | 01:29.15   | 03:22.66   |
| 9         | 01:15.49   | 01:23.43   | 01:31.93   | 01:20.17   | 03:03.44   | 01:23.21   | 01:33.49   | 01:43.19   | 01:29.28   | 03:22.95   |
| 8.75      | 01:15.59   | 01:23.55   | 01:32.06   | 01:20.28   | 03:03.70   | 01:23.32   | 01:33.62   | 01:43.34   | 01:29.40   | 03:23.23   |
| 8.5       | 01:15.70   | 01:23.67   | 01:32.19   | 01:20.39   | 03:03.96   | 01:23.44   | 01:33.75   | 01:43.48   | 01:29.52   | 03:23.51   |
| 8.25      | 01:15.80   | 01:23.78   | 01:32.32   | 01:20.50   | 03:04.21   | 01:23.56   | 01:33.88   | 01:43.63   | 01:29.65   | 03:23.80   |
| 8         | 01:15.91   | 01:23.90   | 01:32.45   | 01:20.62   | 03:04.47   | 01:23.68   | 01:34.02   | 01:43.77   | 01:29.78   | 03:24.09   |
| 7.75      | 01:16.02   | 01:24.02   | 01:32.58   | 01:20.73   | 03:04.73   | 01:23.80   | 01:34.15   | 01:43.92   | 01:29.90   | 03:24.38   |
| 7.5       | 01:16.12   | 01:24.14   | 01:32.71   | 01:20.85   | 03:05.00   | 01:23.91   | 01:34.28   | 01:44.07   | 01:30.03   | 03:24.67   |
| 7.25      | 01:16.23   | 01:24.26   | 01:32.84   | 01:20.96   | 03:05.26   | 01:24.03   | 01:34.42   | 01:44.22   | 01:30.16   | 03:24.96   |
| 7         | 01:16.34   | 01:24.38   | 01:32.98   | 01:21.08   | 03:05.53   | 01:24.15   | 01:34.55   | 01:44.37   | 01:30.29   | 03:25.25   |
| 6.75      | 01:16.45   | 01:24.50   | 01:33.11   | 01:21.20   | 03:05.80   | 01:24.28   | 01:34.69   | 01:44.52   | 01:30.42   | 03:25.55   |
| 6.5       | 01:16.56   | 01:24.63   | 01:33.24   | 01:21.31   | 03:06.06   | 01:24.40   | 01:34.83   | 01:44.67   | 01:30.55   | 03:25.85   |
| 6.25      | 01:16.67   | 01:24.75   | 01:33.38   | 01:21.43   | 03:06.33   | 01:24.52   | 01:34.97   | 01:44.82   | 01:30.68   | 03:26.14   |
| 6         | 01:16.79   | 01:24.87   | 01:33.52   | 01:21.55   | 03:06.61   | 01:24.64   | 01:35.10   | 01:44.97   | 01:30.82   | 03:26.45   |
| 5.75      | 01:16.90   | 01:25.00   | 01:33.65   | 01:21.67   | 03:06.88   | 01:24.77   | 01:35.24   | 01:45.13   | 01:30.95   | 03:26.75   |
| 5.5       | 01:17.01   | 01:25.12   | 01:33.79   | 01:21.79   | 03:07.16   | 01:24.89   | 01:35.38   | 01:45.28   | 01:31.08   | 03:27.05   |
| 5.25      | 01:17.13   | 01:25.25   | 01:33.93   | 01:21.91   | 03:07.43   | 01:25.02   | 01:35.52   | 01:45.44   | 01:31.22   | 03:27.36   |
| 5         | 01:17.24   | 01:25.38   | 01:34.07   | 01:22.03   | 03:07.71   | 01:25.14   | 01:35.67   | 01:45.60   | 01:31.35   | 03:27.67   |
| 4.75      | 01:17.36   | 01:25.50   | 01:34.21   | 01:22.16   | 03:07.99   | 01:25.27   | 01:35.81   | 01:45.75   | 01:31.49   | 03:27.98   |
| 4.5       | 01:17.47   | 01:25.63   | 01:34.35   | 01:22.28   | 03:08.27   | 01:25.40   | 01:35.95   | 01:45.91   | 01:31.63   | 03:28.29   |
| 4.25      | 01:17.59   | 01:25.76   | 01:34.49   | 01:22.40   | 03:08.56   | 01:25.53   | 01:36.10   | 01:46.07   | 01:31.76   | 03:28.60   |
| 4         | 01:17.71   | 01:25.89   | 01:34.64   | 01:22.53   | 03:08.84   | 01:25.66   | 01:36.24   | 01:46.23   | 01:31.90   | 03:28.92   |

|      |          |          |          |          |          |          |          |          |          |          |
|------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| 3.75 | 01:17.82 | 01:26.02 | 01:34.78 | 01:22.65 | 03:09.13 | 01:25.79 | 01:36.39 | 01:46.39 | 01:32.04 | 03:29.24 |
| 3.5  | 01:17.94 | 01:26.15 | 01:34.92 | 01:22.78 | 03:09.42 | 01:25.92 | 01:36.54 | 01:46.56 | 01:32.18 | 03:29.56 |
| 3.25 | 01:18.06 | 01:26.28 | 01:35.07 | 01:22.91 | 03:09.71 | 01:26.05 | 01:36.68 | 01:46.72 | 01:32.32 | 03:29.88 |
| 3    | 01:18.18 | 01:26.42 | 01:35.22 | 01:23.03 | 03:10.00 | 01:26.18 | 01:36.83 | 01:46.88 | 01:32.47 | 03:30.20 |
| 2.75 | 01:18.30 | 01:26.55 | 01:35.36 | 01:23.16 | 03:10.29 | 01:26.32 | 01:36.98 | 01:47.05 | 01:32.61 | 03:30.53 |
| 2.5  | 01:18.43 | 01:26.69 | 01:35.51 | 01:23.29 | 03:10.59 | 01:26.45 | 01:37.13 | 01:47.22 | 01:32.75 | 03:30.85 |
| 2.25 | 01:18.55 | 01:26.82 | 01:35.66 | 01:23.42 | 03:10.89 | 01:26.59 | 01:37.29 | 01:47.38 | 01:32.90 | 03:31.18 |
| 2    | 01:18.67 | 01:26.96 | 01:35.81 | 01:23.55 | 03:11.19 | 01:26.72 | 01:37.44 | 01:47.55 | 01:33.04 | 03:31.51 |
| 1.75 | 01:18.80 | 01:27.09 | 01:35.96 | 01:23.68 | 03:11.49 | 01:26.86 | 01:37.59 | 01:47.72 | 01:33.19 | 03:31.85 |
| 1.5  | 01:18.92 | 01:27.23 | 01:36.11 | 01:23.82 | 03:11.79 | 01:27.00 | 01:37.75 | 01:47.89 | 01:33.34 | 03:32.18 |
| 1.25 | 01:19.05 | 01:27.37 | 01:36.27 | 01:23.95 | 03:12.10 | 01:27.13 | 01:37.90 | 01:48.06 | 01:33.49 | 03:32.52 |
| 1    | 01:19.17 | 01:27.51 | 01:36.42 | 01:24.08 | 03:12.41 | 01:27.27 | 01:38.06 | 01:48.24 | 01:33.64 | 03:32.86 |
| 0.75 | 01:19.30 | 01:27.65 | 01:36.58 | 01:24.22 | 03:12.71 | 01:27.41 | 01:38.22 | 01:48.41 | 01:33.79 | 03:33.20 |
| 0.5  | 01:19.43 | 01:27.79 | 01:36.73 | 01:24.36 | 03:13.03 | 01:27.56 | 01:38.38 | 01:48.59 | 01:33.94 | 03:33.55 |
| 0.25 | 01:19.56 | 01:27.94 | 01:36.89 | 01:24.49 | 03:13.34 | 01:27.70 | 01:38.54 | 01:48.76 | 01:34.09 | 03:33.89 |
| 0    | 01:19.69 | 01:28.08 | 01:37.05 | 01:24.63 | 03:13.65 | 01:27.84 | 01:38.70 | 01:48.94 | 01:34.25 | 03:34.24 |

备注：1. 本评分标准参照国际泳联标准制定。

2. 《2026 年厦门市教育局直属公办高中体育特长生测试评分标准》最终解释权归厦门市教育局所有。

## 2026 年体育艺术类自主招生报名信息证明

考生姓名：\_\_\_\_\_身份证号：\_\_\_\_\_中考报名号：\_\_\_\_\_  
学籍校：\_\_\_\_\_，中考报名点：\_\_\_\_\_

该生基本信息如下：

- 1、届别：\_\_\_\_\_（往届生/2026 届初中应届毕业生）
- 2、借读情况：初中阶段\_\_\_\_\_（有/无）借读经历
- 3、综合素质评价：\_\_\_\_\_（五个维度具体情况）

该生以上情况属实，特此证明。

此证明仅作为该生 2026 年中考报考\_\_\_\_\_（学校名称）体育艺术类自主招生的辅助材料，不得他用。

**注意：根据《厦门市 2026 年高中阶段学校招生工作方案的通知》（厦教发〔2026〕19 号），报考高中阶段学校自主招生的考生只能选报一所学校、一个项目，不得兼报。  
普通高中自主招生包含体育艺术类、创新实验类及保送类。**

证明人：\_\_\_\_\_  
学籍校（盖章）：\_\_\_\_\_  
年 月 日